APPENDICES

APPENDIX A: HIV AND AIDS KNOWLEDGE

Multiple questions were collected on HIV and AIDS knowledge in the community survey because of the relationship between knowledge and stigma and were used to test construct validity for the stigma indicators, in particular for the domain of fear of casual transmission and avoidance of casual contact with PLHA. In particular, information was collected on transmission and prevention, as well as a series of questions probing for knowledge beyond standard transmission and prevention. From this series of questions, we created three composite variables for transmission, prevention and in-depth knowledge. Table A-1 presents the overall frequencies for each composite variable. The details of items in each composite variable are described below.

Table A-1. Overall frequency for each composite variable HIV/AIDS Knowledge Category			
	Incorrect and Some Correct	Complete Correct	
Transmission Knowledge	45.9%	54.1%	
Prevention Knowledge	76.2%	23.8%	
la dante Kanadadan	Correct on 0–2 items	Correct on 3–7 items	
In-depth Knowledge	23.6%	76.4%	

HIV Transmission

Transmission was assessed through the general question (answers unprompted): "Please tell me all the ways you know of that HIV can be transmitted." Interviewers recorded the unprompted answers on to a set of pre-coded responses. Because few respondents in the pre-test mentioned transmission from mother to child (MTCT) to the general, unprompted question, we also asked the closed-ended question: "Can the virus that causes AIDS be transmitted from a mother to her baby?" We then categorized the unprompted responses to the general transmission question into the correct and incorrect modes listed below and combined them with the direct question on MTCT. Answers coded in the other ways category (less than 1% of all responses) were not included in the composite variable.

Correct modes contains three categories:

- 1. Unprotected sex, sex with prostitutes, and sex with multiple partners
- 2. Blood transfusion, sharing injections, sharing razors/blades, and injecting illegal drugs
- 3. Mother-to-child transmission and/or answered *yes* to the closed-ended question regarding MTCT

Incorrect modes mentioned included: kissing, mosquito bites, share toilets, road accidents, sweat, and saliva.

Respondents who answered at least one item in each category (and did not mention any incorrect modes) were grouped into a category labeled as "complete correct," and all the others were grouped as "incorrect and some correct," which included the "don't know" responses.

Prevention Knowledge:

Prevention knowledge was assessed by the general question (unprompted responses):

"How can people protect themselves from getting HIV?" Answers were recorded by the interviewer to a set of coded responses. Similar to the transmission composite variable, we divided the answers into correct and incorrect modes (listed below). Answers coded into the other ways category (less than 1% of all responses) were not included in the composite variable.

Correct modes contains three categories:

- Abstain from sex, be faithful to one uninfected partner, and use condoms.
- 2. Limit number of sexual partners, avoid sex with prostitutes, avoid sex with persons who have sex with many partners, avoid sex with homosexuals, and avoid injecting drug users.
- 3. Avoid blood transfusion, sharing injections, sharing razors/blades, injecting illegal drugs.

Incorrect modes included: avoid kissing, mosquito bites, sex with younger girls, and use protection methods from traditional healer.

Respondents who answered at least one item in each of the correct knowledge categories (and gave no incorrect answers) were grouped as "complete correct," and all the others were grouped as "incorrect and some correct," which included the "don't know" responses.

In-depth Knowledge:

The composite variable for in-depth knowledge included the seven questions that performed best out of larger set of questions, based on examining frequencies and variability. We then created a 7-likert composite score for in-depth knowledge, with 7 being the highest and 0 being the lowest scores. The specific questions and their frequencies are listed in Table A-2.

Table A-2. In-depth knowledge composite variable: Questions used and frequencies No. **In-depth Question** Frequency Distribution (%) Note: Respondents scored as having complete knowledge Is there a difference between HIV Yes: 59.1% Respondents answering "Yes" 1 and AIDS? No: 28.7% Don't know: 12.2% 2 In your opinion, when can the virus During pregnancy: 52.0% Respondents who mentioned that causes AIDS be transmitted from all three paths During delivery: 76.5% a mother to her baby? During breastfeeding: 79.4% (Recorded all possible responses Other: 0.4% given) 3 In your opinion, if a mother has HIV, Yes: 56.5% Respondents answering "No" or would the virus always be passed on "Depends" No: 23.4% to the baby? Sometimes/rarely: 3.8% Depends: 0.5% Don't know and 'missing': 15.7% 4 Can a healthy looking person have Yes: 95.9% Respondents answering "Yes" HIV? No: 1.4% Don't know: 2.7% 5 Is there a cure for AIDS? Yes: 1.7% Respondents answering "No" No: 96.8% Don't know: 1.4% 6 Do you know of treatment that can Yes: 54.7% Respondents answering "Yes" and who at least mentioned prolong the life of PLHA? No: 45.3% ARV treatment (n=535, answered 'yes' in above question) If yes, what treatment*? (Recorded all possible responses Local herbs: 1.9% applied) Prophylaxis: 7.9% Faith healing/prayer: 1.5% ARV: 72.9% Lishe bora: 37.4% Other: 3.5% In a married couple, is it possible for Yes: 71.6% Respondents answering "Yes" one person to have HIV and the other No: 21.3% one not to have HIV? Don't know: 7.2%

APPENDIX B: HEALTH CARE PROVIDERS

The following tables present the results of the construct validity analysis conducted for the latent stigma variables. Table B-1 presents the indicators by selected socio-demographic variables, and Table B-2 presents the indicators by selected construct validity variables. The "willingness to report discrimination" indicator was dichotomous; therefore, cross tabulations are presented with the socio-demographic variables. Chi-square tests of significance were performed to identify any statistical differences present. The remaining indicators are made up of several indices created by using factor analysis. These indices were all standardized to have a mean of 10 to ease comparisons. For all indices, a lower mean score represents a more stigmatizing response. To assess statistical difference, t-tests were performed for dichotomous construct validity variables, and f-tests were performed for those with more than two response categories. All significant associations are shaded in gray.

Indicator		Education	n	Pre-servi	ce training
	Std vii/viii	Form iv	Form vi	Dipl.	Cert.
(Number of r	espondents	per catego	ry)		
	(34)	(13)	(13)	(22)	(38)
Percent	who respo	nded 'no'		<u>l</u>	
Willingness to report discrimination against PLHA	64.7	69.2	84.6	72.7	68.4
(Number of r	espondents	per catego	ry)	<u>l</u>	
	(54)	(25)	(21)	(41)	(59)
Fear of HIV transmission while caring for PLHA	1		Mean Scor	e	
Providing invasive medical care	10.0	10.1	10.0	10.2	9.9
Contact with non-blood bodily fluids	9.9	10.1	10.3	10.2	9.9
Willingness to conduct medical procedures on PLHA			Mean Scor	е	
Comfort around PLHA	9.7**	10.5**	10.2**	10.3**	9.8**
Work-related exposure	9.9*	10.4*	9.8*	10.1	9.9
Attitudes toward PLHA	9.8**	10.3**	10.3**	10.4**	9.7**
Hold morally based discriminatory attitudes toward PLHA			Mean Scor	е	
General shame of PLHA	9.7**	10.4**	10.3**	10.3**	9.8**
Attitudes about blame	10.0	10.1	10.0	10.1	9.9
Personal shame of PLHA	9.9	10.2	10.1	10.1	9.9

Note: Chi-square tests of significance were conducted for willingness to report discrimination indicator. For stigma indices, t-tests of significance were conducted for dichotomous variables; f-tests were conducted for variables with multiple response categories. *<.10 **<0.05 ***<0.01

Table B-2. Validation of health care provider latent stigma indicators by in-depth knowledge, proximity, HIV testing, and disclosure Personally disclosed Willing to disclose if Indicator In-depth knowledge Know colleague Ever been tested who died of AIDS HIV+ to by PLHA No Yes No Yes No Nο Yes No Yes Yes (Number of respondents per category) (44)(16)(22)(38)(44)(16)(17)(43)(8)(52)Percent who responded 'no' 81.8** 37.5** 71.1 Willingness to report discrimination 68.2 70.1 68.8 64.7 72.1 87.5 67.3 against PLHA (Number of respondents per category) (37)(66)(34)(49)(51)(74)(26)(63)(12)(88)Fear of HIV transmission while Mean Score caring for PLHA 8.7*** 10.2*** Providing invasive medical care 9.9 10.2 10.0 10.0 10.1 9.8 10.0 10.0 10.1** 9.7** Contact with non-blood bodily fluids 9.9* 10.3* 10.2 9.9 10.0 10.0 9.6 10.1 Willingness to conduct medical Mean Score procedures on PLHA Comfort around PLHA 9.7*** 10.6*** 10.2** 10.4** 10.2 9.5** 9.8** 9.8 9.9 10.0 9.1*** 10.1*** 10.2 Work-related exposure 9.7*** 10.5*** 9.8 10.1 9.8 10.3** 9.9** 9.8*** 10.5*** Attitudes toward PLHA 10.2* 9.9* 10.1 9.9 10.1 9.9 10.1 10.0 Hold morally-based discriminatory Mean Score attitudes toward PLHA 9.9** General shame of PLHA 10.0 10.1 10.1 10.4** 9.8 9.9 10.0 10.0 10.1 Attitudes about blame 9.9 10.2 10.2* 9.8* 9.9 10.1 9.9 9.7 10.0 10.1 8.8*** 10.2*** Personal shame of PLHA 9.9 10.2 9.9 10.1 10.0 10.0 10.2 9.9

Note: Chi-square tests of significance were conducted for willingness to report discrimination indicator. For stigma indices, t-tests of significance were conducted for dichotomous variables; f-tests were conducted for variables with multiple response categories. T-tests of significance were performed to determine if means were significantly different. ***<0.001 **<0.05 *<.

APPENDIX C: RECOMMENDED QUESTIONNAIRES

This appendix includes revised questionnaires based on the learning of the studies. As such, they do not include the full set of questions asked. Individual questions that did not perform well or were included as additional checks for other questions are not presented in these questionnaires in order to provide a better and shorter questionnaire than was originally used.

APPENDIX C-1: TANZANIA STIGMA INDICATOR AND COMMUNITY BASELINE-INDIVIDUAL QUESTIONNAIRE

INTRODUCTION

INFORMED CONSENT – Read, agreed, signed, approved

SECTION 1: Respondent and Household Characteristics

No.	Questions and filters	Coding categories		Skip
101	[RECORD INTERVIEW START TIME]	Hour	[]	
		Minutes	[]	
102	[RECORD SEX OF RESPONDENT]	Female	1	
		Male	2	
103	How old are you?	Age in years	[_]	
	[RECORD AGE OF RESPONDENT]	Don't know	98	
104	Have you ever attended school?	None	1	
	If so, what is the highest level of school	Madrasa	2	
	you attended:	Less than Primary 7	3	
	Primary, middle, secondary, or higher?	Competed Primary 7	4	
		Form 1-4/post primary tertiary	5	
	[RECORD RESPONSE]	Form 5-6/post form 4 tertiary	6	
		University/post secondary tertiary institutions	7	
105	What is your marital status?	Married/cohabiting	1	
		Divorced	2 ¬	
	[RECORD RESPONSE. IF "2-4" SKIP TO	Widowed	3	Go to 106
	Q106]	Never married	4	
105a	Do you presently have a partner/lover?	Yes	1	
	[RECORD RESPONSE]	No	2	
106	What is your employment status?	Unemployed	0	
		Petty business	1	
	[RECORD RESPONSE]	Civil servant	2	
		Businessperson	3	
		Self-employed	4	
		Peasant	5	
		Other (Specify)	95	

SECTION 1: Respondent and Household Characteristics (continued)

No.	Questions and filters	Coding categories			Skip
107	What is your religion?	Catholic	1		
		Tanzania Assemblies of God	2		
	[IF REPLY IS "CHRISTIAN," ASK "WHAT	Pentecostal	3		
	DENOMINATION?"]	Seventh Day Adventist	4		
		Lutheran	5		
		Anglican	6		
		Muslim	7		
		Traditional beliefs	8		
		None	9		
		Other(Specify)	95		
108	I would now like to ask you some		No	Yes	
	questions about your household. Does your household have:	Electricity	0	1	
		Radio	0	1	
		Television	0	1	
	[READ OUT EACH ITEM AND CIRCLE	Land line telephone or cell phone	0	1	
	"0" FOR NO AND "1" FOR YES.]	Bicycle	0	1	
		Fridge	0	1	
	[DO NOT LEAVE ANY LINE BLANK]	Car	0	1	
109	Type of house roof	Thatch/palm	1		
		Corrugated iron sheet	2		
	[OBSERVE/RECORD ROOF TYPE]	Tiles/slate/cemented	3		
		Other (specify)	95		
110	What kind of toilet facility does your	Flush toilet	1		
	household use?	Pit toilet	2		
	[RECORD RESPONSE. IF "3" SKIP TO	No facility	3 ->	•	Go to 112
	Q112]				
111	Do you share toilet facility with another	No	0		
	household?	Yes	1		
	[RECORD RESPONSE]				

SECTION 1: Respondent and Household Characteristics (continued)

No.	Questions and filters	Coding categories		Skip
112	What is the main source of drinking water	Piped into residence/yard	1	
	for members of your households?	Public tap	2	
		Well in residence/yard	3	
[RECORD RESPONSE. IF RESPONDENT SAYS THAT	Public well	4		
	HOUSEHOLD WATER IS PURCHASED,	Spring	5	
	ASK WHERE THAT WATER COMES FROM]	River/stream	6	
T KOWIJ		Pond/lake	7	
		Bottled water	8	
		Water tanker or water seller	9	
113	Have you ever heard the word 'kunyanyapa' (stigma)?	No	0→	Go to 201
		Yes	1	
114	What does this word mean?			
115	Please give me some examples of stigma.			
	[PROBE: Any other examples?]			

SECTION 2: Knowledge of HIV

[START WITH INTRODUCTION] Now, I would like to talk with you about HIV and AIDS

No.	Questions and filters	Coding categories		Skip
201	Is there a difference between HIV and AIDS?	No	0→	Go to 202
		Yes	1	
		Don't know	98→	Go to 202
202	In your opinion, if a mother has HIV,	No	1	
	would the virus always be passed on to the baby?	Yes	2	
		Sometimes/rarely	3	
	 [IF "DEPENDS," ASK "ON WHAT?"	Don't know	98	
	AND RECORD ANSWER IN OPEN SPACE]	Depends	90	

SECTION 2: Knowledge of HIV (continued)

No.	Questions and filters	Coding categories		Skip
203	Please tell me all the ways you know of	Unprotected sex/sex without condom	А	
	that HIV can be transmitted	Sharing injections	В	
		Blood transfusions	С	
	PROBE: Any other ways?	Mother-to-child transmission	D	
		Injecting drug use	E	
	[CIRCLE ALL THAT APPLY—DO NOT	Sex with prostitutes	F	
	READ OUT THE ANSWERS]	Sex with multiple partners	G	
		Kissing	Н	
		Mosquito bites	1	
		Sharing razors/blades	J	
		Sharing food/drink/eating utensils	K	
		Sharing toilets	L	
		Road accidents	М	
		Sweat	N	
		Saliva	0	
		Don't know	98	
		Other (specify)	95	
204	How can people protect themselves from getting HIV?	Abstain from sex	Α	
		Use condoms	В	
		Be faithful to one uninfected partner	С	
	[CHECK ALL THAT APPLY]	Limit number of sexual partners	D	
		Avoid sex with prostitutes	E	
		Avoid sex with persons who have sex with many partners	F	
		Avoid sex with homosexuals	G	
		Avoid sex with injecting drug users	Н	
		Avoid sharing razors/blades		
		Avoid sharing needles	J	
		Avoid injections	K	
		Avoid kissing	L	
		Avoid mosquito bites	M	
		Avoid blood transfusions	N	
		Avoid sex with younger girls	0	
		Obtain protection methods from traditional healer	P	
		Don't know		
		Other (specify)	98 95	

SECTION 2: Knowledge of HIV (continued)

No.	Questions and filters	Coding categories		Skip
204a	Can someone prevent getting HIV by	Yes	0	
	abstaining from sex?	No	1	
		Don't know	98	
204b	Can someone prevent getting HIV by	Yes	0	
	remaining faithful to a faithful partner?	No	1	
		Don't know	98	
204c	Can someone prevent getting HIV by	Yes	0	
	always using condoms correctly?	No	1	
		Don't know	98	
205	Can the virus that causes AIDS be	No	0->	Go to 206
transmitted from a mother	transmitted from a mother to her baby?	Yes	1	
	[IF DEPENDS, ASK "ON WHAT?" AND	Depends	90→	Go to 206
	RECORD ANSWER IN OPEN SPACE]	Don't know	98	
205a	In your opinion, when can the virus that		Yes No	
moth	causes AIDS be transmitted from a mother to her baby?	During pregnancy	0 1	
	Can the virus be transmitted during—	During delivery	0 1	
		During breastfeeding	0 1	
	[CIRCLE ALL RESPONSES GIVEN]	Other (specify)	0 1	
206	Can a healthy looking person have	No	0	
	HIV?	Yes	1	
		Don't know	98	
	[IF DEPENDS, ASK "ON WHAT?" AND RECORD ANSWER IN OPEN SPACE]	Depends	90	
	REGORD ANSWER IN OF EN SI ACE,	Other (specify)	95	
207	Is there a cure for AIDS?	No	0 →	Go to 208
		Yes	1	
		Don't know/not sure	98→	Go to 208
207a	If there is a cure, what kind is it?	A. Modern medicine	А	
		B. Traditional medicine	В	
	[CHECK ALL THAT APPLY]	C. Faith healing/prayer	С	
		Other (specify)	95	
208	Do you know of treatment that can	No	0-	Go to 209
	prolong the life of a PLHA?	Yes	1	

SECTION 2: Knowledge of HIV (continued)

No.	Questions and filters	Coding categories		Skip
208a	If yes, what treatment?	Local herbs	А	
		Treatment for opportunistic infection	В	
	[CHECK ALL THAT APPLY]	Faith healing/prayer	С	
		ARV	D	
		Good nutrition	E	
		Other (specify)	95	
209	In a married couple, is it possible for	No	0	
	one person to have HIV and the other one not to have HIV?	Yes	1	
	one not to have this:	Don't know	95	
210	Please tell me if you are worried/have fea statements:	ar, or not worried about contracting HIV, in	n response to	the following
210.1	Being exposed to the saliva of a person with HIV or AIDS	Have fear	1	
		Do not have fear	2	
210.2	Being exposed to the excreta of a	Have fear	1	
	person with HIV or AIDS	Do not have fear	2	
210.3	Being exposed to the sweat of a person	Have fear	1	
	with HIV or AIDS	Do not have fear	2	
210.4	Your child could become infected with	Have fear	1	
	HIV if they play with a child who has HIV or AIDS	Do not have fear	2	
210.5	Caring for a person living with HIV or	Have fear	1	
	AIDS	Do not have fear	2	
211	In a market of several food vendors,	No	0-	Go to 301
	would you buy food from a PLHA but not showing signs/symptoms?	Yes	1	
211b	And what about if they were showing	Will still buy	1	
	signs/symptoms?	Will not buy	2	

Section 3: Shame and Blame

Note: Statements below were tailored specific to this epidemic and proven to work well. We recommend that these statements be field-tested in other developing countries with a generalized epidemic, and new items may need to be used.

No.	Questions and filters	Coding categories		Skip
301	Do you agree/disagree with the following sta			
301.1	It is the women prostitutes that spread	Agree	1	
	HIV in our community	Disagree	2	
301.2	eople with HIV/AIDS should be	Agree	1	
	ashamed of themselves	Disagree	2	
301.3	I would be ashamed if someone in my	Agree	1	
	family had HIV/AIDS	Disagree	2	
301.4	1.4 People with HIV/AIDS are promiscuous	Agree	1	
		Disagree	2	
301.5	Promiscuous men are the ones who	Agree	1	
	spread HIV in our community	Disagree	2	
301.6		Agree	1	
	spread HIV in our community	Disagree	2	
301.7	HIV is a punishment from God	Agree	1	
		Disagree	2	
301.8	I would feel ashamed if I was infected with	Agree	1	
	HIV	Disagree	2	
301.9	HIV is a punishment for bad behavior	Agree	1	
		Disagree	2	
301.10	People with HIV/AIDS are to blame for	Agree	1	
	bringing the disease to the community	Disagree	2	
302	How do you think most people in your comr	nunity would answer the following question	is:	l
302.1	It is the women prostitutes that spread	Agree	1	
	HIV in our community	Disagree	2	
302.2	People with HIV/AIDS should be	Agree	1	
	ashamed of themselves	Disagree	2	
302.3	I would be ashamed if someone in my	Agree	1	
	family had HIV/AIDS	Disagree	2	
302.4	People with HIV/AIDS are promiscuous	Agree	1	
		Disagree	2	
302.5	Promiscuous men are the ones who	Agree	1	
	spread HIV in our community	Disagree	2	

Part 3: Shame and Blame (continued)

No.	Questions and filters	Coding categories		Skip
302.6	Promiscuous women are the ones who	Agree	1	
spread HIV in our community	Disagree	2		
302.7	HIV is a punishment from God.	Agree	1	
		Disagree	2	
302.8	I would feel ashamed if I was infected	Agree	1	
	with HIV	Disagree	2	
302.9	HIV is a punishment for bad behavior	Agree	1	
		Disagree	2	
· ·	People with HIV/AIDS are to blame for	Agree	1	
	bringing the disease to the community	Disagree	2	

Section 4: Enacted Stigma Questions—Primary Stigma

No.	Questions and filters	Coding categories		Skip
401	Do people in your community toward	No	0	
	people suspected of having HIV/AIDS or treat PLHA differently?	Yes	1	
	or troat? Environment,	Don't know	98	
402	Do you personally know someone who in they were known to have, or suspected of	on the last 12 months has had the following of having, HIV or AIDS?	happen to the	em because
402.1	Excluded from a social gathering	Yes	1	
	(wedding, funeral, party, community association group)	No	0	
	disconnecting of the property	How many PLHA?	No.	
402.2	Treated differently/shunned at a social gathering	Yes	1	
		No	0	
		How many PLHA?	No.	
402.3	Abandoned by their spouse/partner	Yes	1	
		No	0	
		How many PLHA?	No.	
402.4	Abandoned by their family/sent away-to	Yes	1	
	the village	No	0	
		How many PLHA?	No.	

Section 4: Enacted Stigma Questions—Primary Stigma (continued)

No.	Questions and filters	Coding categories		Skip
402.5	Isolated in household e.g., Made to eat	Yes	1	
	alone/Made to use separate eating utensils/Made to sleep alone in own	No	0	
room	-	How many PLHA?	No.	
402.6	No longer visited, or visited less by	Yes	1	
	family and friends	No	0	
		How many PLHA?	No.	
402.7	Visitors increased to "check them out"	Yes	1	
		No	0	
		How many PLHA?	No.	
402.8	Teased, insulted, or sworn at	Yes	1	
		No	0	
		How many PLHA?	No.	
402.9	Lost customers to buy their produce/goods or lost a job	Yes	1	
		No	0	
		How many PLHA?	No.	
402.10	Been denied promotion/further training	Yes	1	
		No	0	
		How many PLHA?	No.	
402.11	Lost housing or not been able to rent	Yes	1	
	housing	No	0	
		How many PLHA?	No.	
402.12	Not allowed/denied religious	Yes	1	
	rites/services (marriage, communion, burial, singing in choir, prayers)/Not	No	0	
	allowed to go to church/mosque	How many PLHA?	No.	
402.13	Given poorer quality health services, for	Yes	1	
	example: being passed from provider to provider, not given medicines, denied	No	0	
	treatment	How many PLHA?	No.	
402.14	Had property (land, household goods,	Yes	1	
	etc) taken away	No	0	
		How many PLHA?	No.	
402.15	Lost respect/standing within the family	Yes	1	
	and/or community	No	0	
		How many PLHA?	No.	

Section 4: Enacted Stigma Questions—Primary Stigma (continued)

No.	Questions and filters	Coding categories		Skip
402.16	Gossiped about	Yes	1	
		No	0	
		How many PLHA?	No.	
402.17	402.17 Physically assaulted (i.e., hit, kicked, punched)	Yes	1	
		No	0	
		How many PLHA?	No.	

SECTION 5: Disclosure

No.	Questions and filters	Coding categories		Skip
501	In your community, in what way do	The infected person discloses his/her status	Α	
	people know if someone has HIV?	From general rumors/gossip	В	
		From the HIV+ person's family	С	
	[CHECK ALL THAT APPLY] What are some other ways?	From the HIV+ person's friends/neighbors	D	
		From the health center/health worker where the person got tested	E	
		The person looks ill and has lost a lot of weight	F	
What are some other ways:	Trial are come carer wayer	Other (specify)	G	
			95	
502	Is there anyone who is currently living in this community that you know of who has HIV, but has yet to show signs and symptoms of AIDS?	No	0	
		Yes	1	
502a	Which one of the following have		No Yes	
	been ways through which you got information that someone in your	The infected person told me herself/himself	0 1	
	community is infected with HIV?	Family member of infected person told me	0 1	
		Community member told me	0 1	
	[READ ALL OPTIONS, CIRCLE	General gossip/rumors	0 1	
	"YES" OR "NO" FOR EACH ONE]	I heard it at the clinic	0 1	
		Other (specify)	0 1	

SECTION 5: Disclosure (continued)

No.	Questions and filters	Coding categories		Skip
503	Would you recommend to a person who is living with HIV, but is not showing signs/symptoms of AIDS, to keep his/her status secret, tell only family members, or share this information with the community? [RECORD RESPONSE. IF "3" SKIP TO Q319B; IF "98" SKIP TO Q320]	Tell no one Tell only family Make available to the community Don't know	1 2 3→ 98→	Go to 503a Go to 401
503a	If you recommend that HIV-positive status be kept private, why? [CHECK ALL THAT APPLY]	Personal problem People act differently toward a person with HIV Person would be isolated/ neglected/avoided No one would care for person Other (specify)	A B C D 95	Go to 401
504	Are there people you personally know who have either disclosed their HIV positive status directly to you or publicly?	Yes No	1 0 →	Go to 506
504a	If yes, how many do you know?		No.	

Section 6: Knowledge, Implementation, Use of Policies and Laws

No.	Questions and filters	Questions and filters Coding categories		Skip
601	Do you know of any national policies against HIV stigma and discrimination in Tanzania?	No Yes	0→ 1	Go to 603
602	What does the policy say?	[PRECODED RESPONSE CATEGORIES TO CORRESPOND WITH RELEVANT POLICY]		
603	Do you know of any laws against discrimination that exist in Tanzania?	No Yes	0→ 1	Go to 701
604	What do the laws say?	[PRECODED RESPONSE CATEGORIES TO CORRESPOND WITH RELEVANT LAWS]		

Section 7: Interview close			
701	[RECORD TIME INTERVIEW ENDS]	Hour Minutes	

APPENDIX C-2: TANZANIA STIGMA INDICATOR AND COMMUNITY BASELINE-HEALTH PROVIDER QUESTIONNAIRE

INTRODUCTION
INFORMED CONSENT – Read, agreed, signed, approved

No.	Questions and filters	Coding categories		Skip
101	RECORD TIME INTERVIEW BEGINS	HOUR	[_ _]	
		MINUTES	[_ _]	
102	Record sex of the respondent	Female	1	
		Male	2	
103	How old are you?	Age in years	[_]	
	[PROBE: What month were you born? Therefore you have completed x years?]	Don't know	98	
104	Background level of education	Form iv	1	
		Form vi	2	
		Less than std vii/viii	3	
		Completed std vii/viii	4	
105	What level of pre-service training did you complete?	Degree/Advanced diploma	1	
		Diploma	2	
		Certificate	3	
		Short course/less than 1 yr	4	
		Other	95	
		(specify)		
106	Please tell me about your work here at this facility. What is your designation?	Medical specialist	1	
		General Practitioner	2	
		Clinical officer (medical assistant)	3	
		Nurse officer	4	
		Enrolled nurse midwife (trained nurse)	5	
		Nurse Assistant	6	
		Health attendant (nurse auxiliary)	7	
		Other	95	
		(specify)		
107	How long have you been working here?	Months	[_]	
	CODE THE FINAL RESPONSE IN MONTHS [IF LESS THAN ONE MONTH, WRITE 00]	Years	[_ _]	

SECTION 1: HP-level: Respondent and Household Characteristics (continued)

No.	Questions and filters	Coding categories		Skip
108	Have you received any in-service	No	0->	Go to 112
	training?	Yes	1	
109	What kind of in-service training have you received?			
110	Have you received any in-service training	No	0→	Go to 112
	specifically on HIV and AIDS?	Yes	1	
111	Please tell me about that training. What was it about? What topics did it cover?			
112	What is your marital status?	Married/cohabiting	1→	Go to 114
		Divorced	2	
		Widowed	3	
		Never married/single	4	
113	Do you presently have a partner/lover?	No	0	
		Yes	1	
114	What is your religion?	Catholic	1	
	[IF THE RESPONSE IS CHRISTIAN-ASK	Tz Assemblies of God	2	
		Pentecostal	3	
	WHAT DENOMINATION]	Seventh Day Adventist	4	
		Lutheran	5	
		Anglican	6	
		Muslim	7	
		Traditional beliefs	8	
		None	9->	Go to 201
		Other	95	
		(Specify)		
115	How often do you attend religious	More than once a week	1	
	activities?	Once a week	2	
		1-3 times a month	3	
		Rarely	4	
		Never	5	

SECTION 2: HP-level: In-Depth Knowledge of HIV and AIDS

No.	Questions and filters	Coding categories		Skip
201	Can the HIV virus live in the open air	Yes	1	
	(outside the human body)?	No	0	
		Depends	90	
		Don't know	98	
		Other	95	
202	It is required to wear latex gloves	Strongly agree	1	
	whenever performing ANY task related to examining a patient who may be HIV	Agree	2	
	positive.	Disagree	3	
		Strongly disagree	4	
203	The risk of HIV transmission following	True	1	
	needle prick or sharps injuries is small, approximately 1 in 300.	False	0	
	approximately 1 in eee.	Don't know	98	
204	The risk of HIV transmission following a splash of blood to non-intact skin or mucus membrane is very small, approximately 1 in 1,000.	True	1	
		False	0	
		Don't know	98	
205	Standard sterilization procedures are sufficient when sterilizing instruments used on an HIV-positive patient.	True	1	
		False	0	
		Don't know	98	
206	To prevent transmission of HIV and other	True	1	
	blood-borne infections in the health care setting, staff should wear latex gloves for every client contact for any procedure, including taking vital signs.	False	0	
		Don't know	98	
207	Which body fluids have high enough	Semen	Α	
	concentrations of HIV to transmit the virus?	Blood	В	
	[CIRCLE ALL RESPONSES GIVEN—DO	Vaginal fluid	С	
	NOT READ OUT THE OPTIONS]	Breast milk	D	
		Other bodily fluids containing blood	E	
		Saliva	F	
		Sweat	G	
		Tears	Н	
		Don't know	98	
		Other (specify)	95	

SECTION 2: HP-level: In-Depth Knowledge of HIV and AIDS (continued)

No.	Questions and filters	Coding categories		Skip
208	Which body fluids do NOT have high	Semen	А	
	enough concentrations of HIV to transmit the virus?	Blood	В	
	[CIRCLE ALL RESPONSES GIVEN-DO	Vaginal fluid	С	
NOT READ OUT THE OPTIONS]	Breast milk	D		
		Other bodily fluids containing blood	E	
		Saliva	F	
		Sweat	G	
		Tears	Н	
		Don't know	98	
		Other (specify)	95	

SECTION 3: HP-level: Fear of Casual Transmission of HIV and Refusal of Contact with PLHA

[START WITH INTRODUCTION] Now, I would like to talk with you about HIV and AIDS

No.	Questions and filters	Coding categories		Skip	
301	In response to the following situations, please tell me if you have fear of HIV transmission, do not have fear of HIV transmission, or don't know:				
301.1	Giving an injection to a person with HIV or	Have fear	1		
	AIDS	Do not have fear	2		
		Don't know	3		
301.2	Assisting the delivery of a woman with	Have fear	1		
	HIV or AIDS	Do not have fear	2		
		Don't know	3		
301.3	Dressing the wounds of a person living with HIV or AIDS	Have fear	1		
		Do not have fear	2		
		Don't know	3		
301.4	Conducting surgery on or suturing a person with HIV or AIDS	Have fear	1		
		Do not have fear	2		
		Don't know	3		
301.5	Putting a drip in someone who is showing	Have fear	1		
	signs of AIDS	Do not have fear	2		
		Don't know	3		

SECTION 3: HP-level: Fear of Casual Transmission of HIV and Refusal of Contact with PLHA (continued)

No.	Questions and filters	Coding categories		Skip
301.6	Touching the sweat of a person with HIV	Have fear	1	
	or AIDS	Do not have fear	2	
		Don't know	3	
301.7	Touching the saliva of a person with HIV	Have fear	1	
	or AIDS	Do not have fear	2	
		Don't know	3	
301.8	Drawing blood of a person with HIV or	Have fear	1	
	AIDS	Do not have fear	2	
		Don't know	3	
301.9	Caring for a person living with HIV or	Have fear	1	
	AIDS	Do not have fear	2	
		Don't know	3	
302	Now I am going to read you several statem disagree or strongly disagree:	nents, and I want you to tell me wheth	ner you strongly	agree, agree,
302.1	Comfortable assisting or being assisted by a colleague who is HIV infected	Strongly agree	1	
		Agree	2	
		Disagree	3	
		Strongly disagree	4	
302.2	Comfortable performing surgical or	Strongly agree	1	
	invasive procedure on clients whose HIV status is unknown	Agree	2	
		Disagree	3	
		Strongly disagree	4	
302.3	Comfortable providing health services to	Strongly agree	1	
	clients who are HIV-positive	Agree	2	
		Disagree	3	
		Strongly disagree	4	
302.4	Comfortable sharing a bathroom with a	Strongly agree	1	
	colleague who is HIV infected	Agree	2	
		Disagree	3	
		Strongly disagree	4	

SECTION 3: HP-level: Fear of Casual Transmission of HIV and Refusal of Contact with PLHA (continued)

[START WITH INTRODUCTION] Now, I would like to talk with you about HIV and AIDS

No.	Questions and filters	Coding categories		Skip
302.5	Most frequent mode of contracting HIV among health workers is through work-related exposure	Strongly agree Agree	1 2	
		Disagree Strongly disagree	3 4	
302.6	Most HIV-positive health care workers get infected at work	Strongly agree Agree Disagree Strongly disagree	1 2 3 4	

SECTION 4: HP-level: Shame and Blame

No.	Questions and filters	Coding categories		Skip	
401	Do you agree/disagree with the following statements:				
401.1	It is the women prostitutes that spread	Agree	1		
	HIV in our community	Disagree	2		
401.2	People with HIV/AIDS should be	Agree	1		
	ashamed of themselves	Disagree	2		
401.3	I would feel ashamed if someone in my	Agree	1		
	family had HIV/AIDS	Disagree	2		
401.4	Promiscuous men are the ones who	Agree	1		
\$	spread HIV in our community	Disagree	2		
401.5	Promiscuous women are the ones who	Agree	1		
	spread HIV in our community	Disagree	2		
401.6	HIV is a punishment from God	Agree	1		
		Disagree	2		
401.7	I would feel ashamed if I was infected with	Agree	1		
	HIV	Disagree	2		
401.8	HIV is a punishment for bad behavior	Agree	1		
		Disagree	2		
401.9	People with HIV/AIDS are to blame for	Agree	1		
	bringing the disease to the community	Disagree	2		

SECTION 4: HP-level: Shame and Blame (continued)

No.	Questions and filters	Coding categories		Skip	
402	How do you think most health care providers in your clinic would answer the following questions:				
402.1	It is the women prostitutes that spread	Agree	1		
	HIV in our community	Disagree	2		
402.2	People with HIV/AIDS should be	Agree	1		
	ashamed of themselves	Disagree	2		
402.3	I would feel ashamed if someone in my	Agree	1		
	family had HIV/AIDS	Disagree	2		
-	Promiscuous men are the ones who	Agree	1		
	spread HIV in our community	Disagree	2		
	Promiscuous women are the ones who	Agree	1		
	spread HIV in our community	Disagree	2		
402.6	HIV is a punishment from God	Agree	1		
		Disagree	2		
402.7	I would feel ashamed if I was infected with	Agree	1		
	HIV	Disagree	2		
402.8	HIV is a punishment for bad behavior	Agree	1		
		Disagree	2		
402.9	People with HIV/AIDS are to blame for	Agree	1		
	bringing the disease to the community	Disagree	2		

SECTION 5: HP-level: Enacted Stigma

No.	Questions and filters	Coding categories	Skip
In the past 12 months, have you seen or observed the following happen in this health care facility client was known or suspected of having HIV/AIDS? [READ SCENARIOS BELOW]			
501.1	Testing a client for HIV without their consent	Yes No	1 2
501.2	Requiring some clients to be tested for HIV before scheduling surgery	Yes No	1 2
501.3	Using latex gloves for performing noninvasive exams on clients suspected of HIV.	Yes No	1 2
501.4	Extra precautions being taken in the sterilization of instruments used on HIV-positive patients.	Yes No	1 2

SECTION 5: HP-level: Enacted Stigma (continued)

No.	Questions and filters	Coding categories		Skip
501.5	Health providers gossiping about a	Yes	1	
	client's HIV status	No	2	
501.6	Because a patient is HIV-positive a	Yes	1	
	senior health provider pushing the client to a junior provider	No	2	
501.7	Receiving less care/attention than	Yes	1	
	other patients	No	2	
502	[If yes], where does it occur?	Health facilities	Α	
		Household/family	В	
		Community	С	
		Workplace	D	
		Places of worship	E	
		Places of entertainment	F	
		Others	95	
		(specify)		
503	Have you ever heard the word	No	0->	Go to 601
	'unyanyapaa' (stigma)?	Yes	1	
504	Does stigma occur in health facilities	No	0→	Go to 506
		Yes	1	
		Not sure	2→	Go to 506
		Don't know	98→	Go to 506
505	Please give me some examples of stigma in the health facility.	1.		
	[PROBE: Any other examples?]	2.		
		3.		
		4.		
506	Does stigma occur outside health facilities	No	0->	Go to 601
	Taomites	Yes	1	
		Not sure	2→	Go to 601
		Don't know	98→	Go to 601

SECTION 5: HP-level: Enacted Stigma (continued)

No.	Questions and filters	Coding categories		Skip
507	Please give me some examples of stigma that occur outside health facilities. [PROBE: Any other examples?]			
508	If you ever saw any of the above (types of enacted stigma) happening to a client because s/he is a PLHA, would you be willing to report to higher authority?	Yes No Don't know	0 1 98	

SECTION 6: HP-level: Disclosure

No.	Questions and filters	Coding categories		Skip
601	If a person learns that he/she	Be kept a personal secret	1→	Go to 602.a
	is HIV positive, but is not yet showing signs and symptoms	Be kept a family secret	2→	Go to 603
(of AIDS, should this fact	Should be known to the community	3→	Go to 602.b
	remain a personal secret, a family secret, or should it be	Don't know	98→	
known to the community?		Other (specify)	95→	Go to 603
601.a If it should be kept a person secret, why? [CHECK ALL THAT APPLY]	If it should be kept a personal	It is a personal/private issue	Α	
		Person would be treated differently	В	
		Person would be isolated/neglected/avoided	С	Go to 603
	[CHECK ALL THAT APPLY]	Other (specify)	95	
601.b	If it should be known to the	S/He would not threat/infect others	А	
	community, why?	S/He needs to be isolated	В	
		S/He should get care and support of the	С	
	[CHECK ALL THAT APPLY]	community	D	
		S/He to encourage others do the same	95	
		Other (specify)		

SECTION 6: HP-level: Disclosure (continued)

No.	Questions and filters	Coding categories		Skip
602	Is there anyone you know in this health facility who has HIV, but has yet to show signs and symptoms of AIDS?	Yes No	0 1	
602a	How did you find out that he/she is infected with HIV?	The infected person told me her/himself Family member of infected person told me Community member told me General gossip/rumors From health care provider where the person tested Read from his/her hospital file Other (specify)	NO YES 0 1 0 1 0 1 0 1 0 1 0 1 0 1	
603	Are there people you personally know, but not as a patient, that have disclosed their HIV-positive status directly to you?	Yes No	0	

SECTION 7: Awareness of Laws and Policies to Protect PLHA from Stigma	and Discrimination

No.	Questions and filters	Coding categories		Skip
701	Does the health facility have a policy to protect HIV positive patients from discrimination by protecting patients' rights and providing recourse?	Yes No	1 2	
	[INTERVIEWER SHOULD ASK TO SEE A COPY OF THE POLICY AND THEN FILL IN THE RESPONSE TO THIS QUESTION—SHOULD NOT ASK RESPONDENT THIS QUESTION]			
702	Are you aware of any policies to protect PLHA at your health facility?	Yes No	1 2->	Go to 602
702a	Are these policies enforced?	Yes No Don't know	0 1 98	

Section 8: Interview Close					
801	[RECORD TIME INTERVIEW	Hour			
	ENDS]	Minutes			

THANK YOU FOR YOUR TIME AND COOPERATION

APPENDIX C-3: TANZANIA STIGMA INDICATOR PLHA QUESTIONNAIRE

INTRODUCTION

INFORMED CONSENT - Read, agreed, signed, approved

SECTION 1. Respondent and Household Characteristics

No.	Questions and filters	ers Coding categories Ski		Skip	
101	[RECORD TIME INTERVIEW	Hour	[_ _]		
	BEGINS]	Minutes	[_ _]		
102	[RECORD SEX OF THE	Female	1		
	RESPONDENT]	Male	2		
103	How old are you?	Age in years	[_ _]		
	[RECORD AGE OF RESPONDENT]	Don't know	98		
104	Have you ever attended school?	None	1		
	If so, what is the highest level of	Madrasa	2		
	school you have attended?	Less than Primary 7	3		
	[RECORD RESPONSE]	Completed Primary 7	4		
		Form 1–4/post-primary tertiary	5		
		Form 5–6/post-Form 4 tertiary	6		
		University/post-secondary tertiary	7		
105	What is your marital status? [RECORD RESPONSE. IF "2-4" SKIP TO Q106]	Married/cohabiting	1		
		Divorced	2	On to 400	
		Widowed	3	Go to 106	
		Never married	4		
105a	Do you presently have a partner/	Yes	1		
	lover? [RECORD RESPONSE]	No	0		
106	What is your employment status?	Unemployed	0		
	[RECORD RESPONSE]	Petty business	1		
		Civil servant	2		
		Businessperson	3		
		Self-employed	4		
		Peasant	5		
		Other (specify)	95		

SECTION 1. Respondent and Household Characteristics (continued)

No.	Questions and filters What is your religion?	Coding categories	Skip	
107		Catholic	1	
	[RECORD RESPONSE. IF REPLY IS	Tanzania Assemblies of God	2	
	"CHRISTIAN," ASK "WHAT DENOMINATION?"]	Pentecostal	3	
	DENOMINATION?	Seventh Day Adventist	4	
		Lutheran	5	
		Anglican	6	
		Muslim	7	
		Traditional beliefs	8	
		None	9	
		Other (specify)	95	
108	I would now like to ask you some		No Yes	
	questions about your household. Does your household have →:	Electricity?	0 1	
	[READ OUT EACH ITEM AND	Radio?	0 1	
	CIRCLE "0" FOR "NO" AND 1 FOR	Television?	0 1	
	"YES." DO NOT LEAVE ANY LINE	Land line telephone or cell phone?	0 1	
	BLANK]	Bicycle?	0 1	
		Fridge?	0 1	
		Car?	0 1	
109	Type of house roof:	Thatch/palm	1	
	[OBSERVE/RECORD ROOF TYPE]	Corrugated iron sheet	2	
		Tile/slate/cemented	3	
		Other (specify)	95	
110	What kind of toilet facility does your	Flush toilet	1	
	household use?	Pit toilet	2	
	[RECORD RESPONSE. IF "3" SKIP TO Q112]	No facility	3 →	Go to 112
111	Do you share toilet facility with	No	0	
	another household?	Yes	1	
112	What is the main source of drinking	Piped into residence/yard	1	
	water for members of your	Public tap	2	
	household? [RECORD RESPONSE. IF RESPONDENT SAYS THAT HOUSEHOLD WATER IS PURCHASED, ASK "WHERE DOES THAT WATER COME FROM?"]	Well (in residence/yard)	3	
		Public well	4	
		Spring	5	
		River/stream	6	
		Pond/lake	7	
		Bottled water	8	
		Water tanker or water seller	9	

SECTION 2: Knowledge and Misconceptions of HIV

[INTRODUCE THE SECTION:] Now I would like to talk with you about HIV and AIDS.

No.	Questions and filters	Coding categories	Skip
201	[NOTE: General knowledge questions were subject to low variability in the sample. Therefore, we recommend the development of a new set of questions on specific, in-depth knowledge in the these areas: →]	[Mother-to-child transmission Sero-discordance Co-infection and re-infection CD-4 counts and viral loads Healthy living and longevity Capabilities (living with HIV)]	
202	[NOTE: We recommend the development of a new question about fear of transmitting HIV to others and possible actions to avoid it.]		

SECTION 3: Testing and Disclosure

[INTRODUCE THE SECTION:] Now I would now like to ask you some questions about your experience with learning about and disclosing your HIV status.

No.	Questions and filters	Coding categories		Skip
301	How long have you known that you are HIV-positive? [RECORD RESPONSE]	Less than 1 year	1	
		1–5 years	2	
		6–10 years	3	
		10 years or more	4	
302	Do you remember when you received your HIV test results (month/year)?	Month	[_]	
	[RECORD MONTH/YEAR (IF KNOWN)]	Year	[_ _]	
303	Why did you get tested?	Other illness	Α	
	[CHECK ALL THAT APPLY]	Partner illness/death	В	
		To prepare for marriage	С	
		Child illness/death	D	
		Health provider recommended	Е	
		Just to know my sero-status	F	
		Decision of doctor/medical officer	G	
		Other (specify)		
			95	

SECTION 3: Testing and Disclosure (continued)

No.	Questions and filters	Coding categories		Skip	
304	Was the decision to be tested your own, or were you asked by someone else to be tested? [RECORD RESPONSE. IF "1" SKIP TO Q306]	Own/went by self/voluntary Mandatory test	1 →	Go to 306	
305	Who asked you to be tested? [CHECK ALL THAT APPLY]	Medical professional Partner Parents Religious leader Employer Scholarship/school Visa application	A B C D E F		
306	Was your informed consent taken before you were tested? [RECORD RESPONSE]	Other (specify) No Yes	95 0 1		
307	Where was the test conducted? Name of facility/place [WRITE FACILITY NAME ABOVE AND TO CODE/CLASSIFY RESPONSE, CHECK ALL THAT APPLY →]	Government/clinic/hospital Mission hospital/clinic Private hospital/clinic NGO-CBO VCT center Other (specify)	1 2 3 4 5 95		
308	Did you receive counseling before or after your blood was taken for testing? [RECORD RESPONSE. IF REPLY IS "NO COUNSELING," PROBE FURTHER: "WHAT ABOUT PRE-TEST OR POST-TEST COUNSELING?"]	No counseling Pre-test only Post-test only Pre-test and post-test	0 → 1 2 3	Go to 312	
309	At the time you were tested for HIV or were told your results, did any counselor discuss with you anything about stigma and discrimination? [RECORD RESPONSE]	No Yes	0		
310	Were you referred to any group or place where you could get support to help you deal with stigma and discrimination? [RECORD RESPONSE. IF "0", SKIP TO Q312]	No Yes	0 → 1	Go to 312	

SECTION 3: Testing and Disclosure (continued)

No.	Questions and filters Coding categories		Coding categories Skip	
311	[If yes] Which group(s)/place(s)? [WRITE DOWN ALL EXAMPLES GIVEN→]			
312	Have you told anyone about your HIV sero-status? [RECORD REPONSE. IF "0" SKIP TO Q316]	No Yes	0 → 1	Go to 316

No.	Questions and filters	Coding categories	6				
313	[If yes] Who have you told? [check all that apply] How soon after learning your status did you tell [person/organization]? [RECORD LENGTH OF			Tir	ne: te	st 👈	disclosure
				DA	YS/MC	NTHS/	YRS
	TIME (DAYS, MONTHS, YEARS) FROM	Current partner	Α	[][][]
	TO PERSON/ORGANIZATION]	Previous partner	В	[][][]
		Mother	С	[][][]
	[PROBE FURTHER: "IS THERE ANYONE ELSE YOU HAVE TOLD?"] [REFER TO Q111. FOR THOSE WITH OPTIONS 2 OR 3, PROBE FURTHER: "YOU TOLD ME EARLIER THAT YOU ARE DIVORCED OR WIDOWED. DID YOU TELL YOUR PARTNER BEFORE S/HE PASSED AWAY OR YOU DIVORCED?"]	Father	D	[][][]
		Sister	Е	[][][]
		Brother	F	[][][]
		Other relative	G	[][][]
		Friend	Н	[][][]
		Neighbor	I	[][][]
		Health provider/s	J	[][][]
		Religious leader	K	[][][]
		Public disclosure	L	[][][]
		Other	95				
		(specify)					

SECTION 3: Testing and Disclosure (continued)

No.	Questions and filters	Coding categories	Skip	
316	[If not] Why have you not told anyone	[Because:]		
	about your status?	They would tell someone else	Α	
	[CHECK ALL THAT APPLY]	I would be gossiped about/laughed at	В	
		It would become news around here	С	
		I would be physically isolated	D	
		I would be socially isolated	Е	
		I would lose respect	F	
		I would lose job, housing, livelihood	G	
		It would be difficult to get medical services	Н	
		I'd be treated differently at church/mosque	1	
		I would be afraid of being stigmatized	J	
		Private matter	K	
		Don't know	98	
		Other (specify)	95	
317	Have you ever done things or behaved in	No	0->	Go to
	a way to try and prevent people from knowing your status? [RECORD RESPONSE. IF "0" SKIP TO Q318]	Yes	1	318
317b	What kinds of things have you done to avoid people knowing your status?			
	[WRITE DOWN ALL EXAMPLES GIVEN →]			
318	Has your HIV status ever been revealed	No	0->	Go to
	without your consent?	Yes	1	319
	[RECORD RESPONSE. IF "0" SKIP TO Q319]			

SECTION 3: Testing and Disclosure (continued)

No.	Questions and filters	Coding categories		Skip	
318a	Who revealed your status without your	Partner		Α	
	consent? [CHECK ALL THAT APPLY AND ASK: "ANYONE ELSE?"]	Mother			
	AND AGN. ANTONE ELGE!	Father		С	
		Sister	D		
		Brother		Е	
		Other relative		F	
		Friend		G	
		Neighbor		Н	
		Health provider/s			
		Religious leader		J	
		Don't know		98	
	Other (specify)			95	
319	Would you recommend to a person who	Tell no one	1		
	is living with HIV, but is not showing signs/symptoms of AIDS, to keep his/her status secret, tell only family members, or share this information with the community?	Tell only family	2		
		Make available to the community	3 →	Go to 3	319b
		Don't know	98→	Go to 3	320
	[RECORD RESPONSE. IF "3" SKIP TO Q319B; IF "98" SKIP TO Q320]				
319a	If you recommend that HIV-positive status	Personal problem	Α		
	be kept private, why? [CHECK ALL THAT APPLY]	People act differently toward a person with HIV	В		
		Person would be isolated/ neglected/avoided	c	Go to 4	101
		No one would care for person	D		
		Other (specify)	95		
319b	If you recommend that HIV-positive status	To avoid community infection by PLHA	Α		
	be made available to the community, why? [CHECK ALL THAT APPLY]	PLHA can encourage/teach others do the same	В		
	[OHLONALE HIAT AFFET]	PLHA can create opportunity for care and support from community	С		
		To reduce discrimination/ stigma against PLHA	D		
		Other (specify)	95		

SECTION 4: Community Attitudes Toward PLHA and Fear of Stigma and Discrimination

No.	Questions and filters	Coding categor	Coding categories		
401	Do people behave differently toward people suspected of having HIV/AIDS or treat PLHA differently? [RECORD RESPONSE. IF "0" OR "98" SKIP TO	No Yes Don't know		0 → 1 98 →	Go to 402
401a	Q402] Can you give some examples of how people suspected of having HIV/AIDS might be treated differently? [WRITE DOWN ALL EXAMPLES				
402	GIVEN→] In the last 12 months, have you been afraid	that [read options fr	rom below] beca	use of your	HIV status?
402.1	You would be excluded from a social gather funeral, party, community association group			0	
402.2	You would be treated differently/shunned at	t a social gathering		0 1	
402.3	You would be abandoned by your spouse/p	artner		0 1	
402.4	You would be abandoned by your family/se village	nt away to the		0 1	
402.5	You would be isolated in your household (malone/made to use separate eating utensils, alone in your own room)			0	
402.6	You would no longer be visited or would be family and friends	visited less by		0	
402.7	Visitors would increase to "check out" how y	you are doing	No Yes	0 1	
402.8	You would be teased, insulted, or sworn at		Yes	0 1	
402.9	You would lose customers to buy produce/g			0 1	
402.10	You would be denied promotion/further train		Yes	0	
402.11	You would lose housing or not be able to re	•	Yes	0 1	
402.12	You would be denied religious rites/services communion, burial, singing in choir, prayers go to church/mosque			0 1	

SECTION 4: Community Attitudes Toward PLHA and Fear of Stigma and Discrimination (continued)				
402.13	You would be given poorer quality health services (e.g., passed from provider to provider or not given medicines, treatment, surgery)	No Yes	0	
402.14	You would have property taken away	No Yes	0 1	
402.15	You would lose respect/standing within the family and/or community	No Yes	0 1	
402.16	You would be gossiped about	No Yes	0 1	
402.17	You would be physically assaulted (i.e., hit, kicked, or punched)	No Yes	0 1	

SEC	CTION 5: Enacted Stigma (Discrimina	ition)	
	501. Have you ever [read out options from list below] because of your HIV status? [RECORD RESPONSES BELOW]		502. In the last year , have you [read out options from list below left] because of your HIV status? [If yes] How often has this happened (never, sometimes, often)? [record responses below]
1	Been excluded from a social gathering (wedding, funeral, party, community association group)	0. No 1. Yes	Never Sometimes Often
2	Been treated differently/shunned at a social gathering	0. No 1. Yes	Never Sometimes Often
3	Been abandoned by your spouse/partner	0. No 1. Yes	Never Sometimes Often
4	Been abandoned by your family/sent away from family	0. No 1. Yes	Never Sometimes Often
5	Been isolated in the household (made to eat alone/made to use separate eating utensils/made to sleep alone in own room	0. No 1. Yes	Never Sometimes Often
6	Been no longer visited, or visited less by family and friends	0. No 1. Yes	Never Sometimes Often

SEC	TION 5: Enacted Stigma (Discrimina	tion) (cor	ntinued)
7	Had visitors increase to "check out"	0. No	0. Never
	how you are doing	1. Yes	1. Sometimes
			2. Often
8	Been teased, insulted, or sworn at	0. No	0. Never
		1. Yes	1. Sometimes
			2. Often
9	Lost customers to buy your	0. No	0. Never
	produce/goods or lost a job	1. Yes	1. Sometimes
			2. Often
10	Been denied promotion/further training	0. No	0. Never
		1. Yes	1. Sometimes
			2. Often
11	Lost housing or not been able to rent	0. No	0. Never
	housing	1. Yes	1. Sometimes
			2. Often
12	Been denied religious rites/services	0. No	0. Never
	(marriage, communion, burial, singing in choir, prayers)/ Not allowed to go to	1. Yes	1. Sometimes
	church/mosque		2. Often
13	Been given poorer quality health	0. No	0. Never
	services (e.g., been passed from provider to provider or not given	1. Yes	1. Sometimes
	medicines, treatment, surgery)		2. Often
14	Had property (e.g., household property or land) taken away	0. No	0. Never
	property or land) taken away	1. Yes	1. Sometimes
			2. Often
15	Lost respect/standing within the family and/or community	0. No	0. Never
	and/or community	1. Yes	1. Sometimes
			2. Often
16	Been gossiped about	0. No	0. Never
		1. Yes	1. Sometimes
			2. Often
17	Been physically assaulted (i.e. hit,	0. No	0. Never
	kicked, or punched)	1. Yes	1. Sometimes
			2. Often

18	Been threatened with violence	0. No	0. Never
		1. Yes	1. Sometimes
			2. Often
503	[If "yes" to at least one question in Q502] How did you know it was because of your HIV status? [WRITE DOWN ALL EXAMPLES GIVEN→]		
504	[If "yes" to at least one question in Q502] How did you react to and cope with the stigma and discrimination you have just told me about? [WRITE DOWN ALL EXAMPLES GIVEN→]		
505	Have you ever been given more care and support by family/ neighbors/community because of your HIV status? Please describe. [WRITE DOWN ALL EXAMPLES GIVEN→]	0. No 1. Yes	
506	Have you ever been given special services (home based care, medical treatment, material) because of your HIV status? Please describe.	0. No 1. Yes	
	[WRITE DOWN ALL EXAMPLES GIVEN→]		

No.	Questions and filters	Coding categories		Skip
601	How is your health in general? Would you	Very poor	1	
	say it is very poor, poor, neither poor nor good, good, or very good?	Poor	2	
	good, good, or very good:	Neither poor nor good	3	
		Good	4	
		Very good	5	
602	Have you ever had HIV/AIDS-related	No	0	
	signs/symptoms (e.g., skin rash, loss of weight, herpes) visible in your physical appearance?	Yes	1	
603	In the past 12 months, have you had any	No	0-	Go to 605
	health concerns/worries that required medical attention?	Yes	1	

SECTION 6. Experiences of Stigma and Discrimination in Health Settings (continued)

No.	Questions and filters	Coding categorie	s		Skip
604	In the past 12 months, when you had	Spouse		1	
	health problems that required medical advice or treatment, who in your	Child		2	
	household had primary responsibility to	Parent		3	
	facilitate your health care?	Sibling		4	
		Other relative		5	
		Other household me	mber	6	
		No one in the house	hold	7	
605	In the past 12 months, when you had	No		0 →	Go to 607
	these health concerns/worries, did you seek medical advice or treatment?	Yes		1	
606	In the past 12 months, where did you	Government health f	acility	Α	
	seek medical advice/treatment?	Private health facility	′	В	
	[CHECK ALL APPLY. PROBE FURTHER.]	NGO health facility		С	
		Pharmacy/drug Store	e	D	
		Traditional practition	er	Е	
	Other (spe			95	
607	O7 The last time you went for medical advice or treatment, did service providers at this place know your HIV status?	No		0	
		Yes		1	
		Not sure		2	
608	How would you rate the quality of	Poor		1	
	services provided to you during your last visit to a medical facility?	Fair		2	
	, non to a modifical racinity.	Good		3	
609	In the past 12 months , have you had any of health care facility because of your HIV start [READ OPTIONS BELOW AND RECORD	tatus?	n to you at a		
609.1	Health provider refused to attend you		No	0	
			Yes	1	
609.2	You were discharged too early		No	0	
			Yes	1	
609.3	You had to wait longer to be attended		No	0	
			Yes	1	
609.4	You were being unnecessarily referred on t		No	0	
	the same facility or referred to another facil	ity	Yes	1	
609.5	You were told to come back later		No	0	
			Yes	1	

SECTION 6. Experiences of Stigma and Discrimination in Health Settings (continued)

No.	Questions and filters	Coding categorie	s		Skip
609.6	You were being denied treatment—drugs, s	surgery—or relevant	No	0	
	tests/investigations		Yes	1	
609.7	You were tested for HIV without your inform	ned consent?	No	0	
			Yes	1	
609.8	You were required to be tested for HIV before	ore care was given or	No	0	
	surgery scheduled		Yes	1	
609.9	Health provider used latex gloves for perfor	ming non-invasive	No	0	
	exams on you or took extra precautions.	took extra precautions.		1	
609.10	Health provider disclosed your HIV status to	your family without	No	0	
	your consent. 1 Health provider gossiped about your HIV status		Yes	1	
609.11			No	0	
			Yes	1	
609.12	Health provider used derogatory language or scolded or blamed you for having HIV		No	0	
			Yes	1	
609.13	Your bed pans or bed clothes were not changed as needed/as often compared to other patients		No	0	
			Yes	1	
609.14	You received less care/attention than other	patients	No	0	
			Yes	1	
610	In the past 12 months, was there any other way in which you were treated differently because of your HIV status? Please describe. [WRITE DOWN ALL EXAMPLES GIVEN→]		,		
611	[If "yes" to Q609–610] How did you know it was because of your HIV status? [WRITE DOWN ALL EXAMPLES GIVEN→]				
612	[If "yes" to at least one question in 401] How did you react to and cope with the stigma and discrimination you have just told me about? [WRITE DOWN ALL EXAMPLES GIVEN→]				

SECTION 6. Experiences of Stigma and Discrimination in Health Settings (continued)

No.	Questions and filters	Coding categories		Skip
613	Have you ever avoided or delayed seeking health care treatment because you were afraid of service providers' attitudes toward you as a person with HIV?	No Yes	0	
614	[RECORD RESPONSE] Have you ever traveled to a clinic or hospital that is far away, instead of going to a nearby clinic/hospital, because of your HIV status?	No Yes	0→ 1	Go to 616
615	[If "yes" to Q614] Why did you choose to go to a clinic/hospital that is farther away?			
616	Have you ever paid for treatment when it was available for free, because of your HIV status?	No Yes	0→ 1	Go to 618
617	Why did you choose to pay rather than seek free treatment?			
618	How would you rate your ability to work? Would you say it is very poor, poor, neither poor nor good, good, or very good?	Very poor Poor Neither poor nor good Good Very good	1 2 3 4 5	
619	Has your HIV status affected your ability to work and support yourself and your family?	No Yes Not sure	0 → 1 2 →	Go to 621
620	[If "yes" to Q619] How has it been affected? [WRITE DOWN ALL EXAMPLES GIVEN→]			
621	In the last 12 months, did you or your household receive support from any organizations to help you with basic social and economic needs (e.g., food, clothing, school fees)?	No Yes	0 → 1	Go to 623

SECTION 6. Experiences of Stigma and Discrimination in Health Settings (continued)

No.	Questions and filters	Coding categories		Skip
622	Which organization(s)? [WRITE FACILITY NAME ABOVE AND,	Government/local administration department Religious-based organization Other NGO	A B C	
	TO CODE/CLASSIFY RESPONSE, CHECK ALL THAT APPLY →]	Local/community club/society Private company Other (specify)	D E 95	
623	In the last 12 months, did you or your household receive support from any organizations to help you with basic medical care needs (e.g., home-based care, palliative care, medicine)?	No Yes Not sure	0 → 1 2	Go to 624
624	What organization was this? [CHECK ALL THAT APPLY]	Government/Local Administration dept. Religious Based Organization Other NGO Local/community club/society Private company Other (specify)	A B C D E 95	
625	Are you a member of any social support group of people living with HIV/AIDS? [If "yes"] What group? [RECORD RESPONSE. IF "YES" WRITE DOWN NAME OF GROUP→]	No Yes (Name of PLHA support group)	0 1	
626	Are there any major lifestyle or behavior changes you have made because of your HIV status?	No Yes	0→ 1	Go to 701
627	What lifestyle changes have you made? [WRITE DOWN ALL EXAMPLES GIVEN→]			

SECTION 7: Internalized [Self] Stigma

No.	Questions and filters		Skip	
701	Sometimes, having HIV changes what someone please tell me if you have ever done any of the			
701.1	Avoided or withdrawn from applying for school,	No	0	
	further training, or scholarship	Yes	1	
701.2	Not applied for a job or promotion	No	0	
		Yes	1	
701.3	Avoided or isolated yourself from your friends	No	0	
	or family	Yes	1	
701.4	Decided not to get married or have a sexual	No	0	
	partner	Yes	1	
701.5	Decided not to have [more] children	No	0	
		Yes	1	
701.6	Avoided travel to another country or another	No	0	
	area of Tanzania	Yes	1	
702	Are there any [other] life goals or hopes you	No	0	
	had that have changed because of your HIV status? Please describe.	Yes	1	
	[RECORD RESPONSE AND WRITE DOWN ALL EXAMPLES GIVEN→]			
703	[If "yes" to at least one question in Q701–702] Why did you choose not to pursue this opportunity? [WRITE DOWN ALL REASONS GIVEN→]			
704	Please tell me a little about how you feel or think about being HIV-positive.			
705	Please tell me if you have in the last 12	Shame	A	
	months experienced any of the following feelings because of your HIV status:	Guilt	В	
	[CHECK ALL THAT APPLY]	Blame myself/self-blame	С	
	[22	Blame others	D	
		Low self-esteem	E	
		Dislike myself	F	

SECTION 7: Internalized [Self] Stigma (continued)

No.	Questions and filters [If "yes" to 705] When you experience this, how do you react to and cope with such feelings?	Coding categories		Skip
706				
707	Are their people, groups, or organizations that you can go to for support and advice when you have such feelings? [If "yes] Who? [CHECK ALL THAT APPLY]	Spouse/partner Parent	A B	
		Sibling	С	
		Other relative	D	
		Friend	E	
		Group for PLHA (specify)	F	
		Church/mosque/religious organization Other NGO	G	
		Other (specify)	Н	
			95	

Section 8: Knowledge, Implementation, Use of Policies and Laws

No.	Questions and filters	Coding categories		Skip
801	Do you know of any national policies against HIV stigma and discrimination in Tanzania?	No Yes	0→ 1	Go to 803
802	What does the policy say? [PRECODED RESPONSE CATEGORIES TO CORRESPOND WITH RELEVANT POLICY]			
803	Do you know of any laws against discrimination that exist in Tanzania?	No Yes	0→ 1	Go to 805
804	What do the laws say? [PRECODED RESPONSE CATEGORIES TO CORRESPOND WITH RELEVANT LAWS]			
805	Do you know of any ways, or organizations, that you can go to for help with if you experience stigma or discrimination?	No Yes	0→ 1	Go to 807

Section 8: Knowledge, Implementation, Use of Policies and Laws (continued)

No.	Questions and filters	Coding categories		Skip
806	What ways do you know or what organizations would you go to for help?			
807	In the past 12 months, have you sought help from any organizations to resolve an issue of discrimination?	No Yes	0→ 1	Go to 809
808	How was the issue resolved? What happened?			
809	In the past 12 months, have you confronted or challenged someone who was stigmatizing or discriminating against you, or another person?	No Yes	0→ 1	Go to 811
810	What did you do or say to this person?			
811	In the past 12 months, have you participated in stigma reduction activities held by a support group?	0. No 1. Yes	0→ 1	Go to 813
812	What was your role in this group?			
813	Do you have comments or recommendations regarding HIV/AIDS?			

Section 9: Interview Close						
901	[RECORD TIME INTERVIEW	Hour	[_ _]			
	ENDS]	Minutes				