Section C - Appendices

Appendix 1 - Staff Profiles

PSASA has steadily been increasing employed staff to support and maintain the quality of the community projects. The organization seeks to develop its own people and as a result many staff have come up through the ranks into higher management and training positions. As a result it is a stable workforce with currently no turn over of salaried staff. Current staff as of the end of 2004 (in alphabetical order) are:

Chiliza, Ntombi Jennifer Clark, Natasha Daniel, Keshnee Fakude, Staff Bellinam Gomo, Rosemary Kubheka, Christopher, Vusi, Lucky Le Roux, Janet Madikazi, Anitta Maseko, Johan M Mashiane, Klaas Phios Masilela, Zanele Masina, Constance Lindeni Mthethwa, Boysen France Mthimmunye, Fikile, Elizabeth Mtshiue, Thoko Gladys Mujaho, Thandi Oosthuisen, Corrie Shongwe, Bongikile Busisiwe Sibiya, Felicitus Tholakele Sibiya, Godfrey Van Zyl, Doreen Xulu, Nini Aurelia

Chiliza, Ntombi Jennifer

Current Position with PSASA

Project manager and trainer for the FIETA programme

Brief Description of current activities

Training of Protec Students and workplace peer education in KZN with Mondi and SAPPI

Year Starting with PSASA

1998

History of activities with PSASA

1998 as a peer education coordinator, then trainer.. 2002 as project manager for Powerbelt. Currently working in KZN to start the FIETA programme



Interests

Music, soccer and reading

Other (Married, Children, Family, etc)

Not married with one baby girl

Name

Clark, Natasha

Current Position with PSASA

Transport Office Assistant

Brief Description of current activities

Fleet management and office assistance

Year Starting with PSASA

2002

History of activities with PSASA

Store room and stock control, travel with the director to projects



Interests

Gardening, Interior and exterior decorator, makeup artist, animals

Other (Married, Children, Family, etc)

Many pets: monkey, 1 dog, 2 birds, one child, one mother and two brothers (single)

Daniel, Keshnee

Current Position with PSASA

Finance clerk

Brief Description of current activities

Do all financial filing, banking, typing as needed and assisting projects with their finances

Year Starting with PSASA

2000

History of activities with PSASA

Started at the switchboard, doing copies, faxes and making appointments for the director



Interests

Cooking, watching movies, sports and reading

Other (Married, Children, Family, etc)

I am married with one child aged 8 years, he is in grade 2.

Name

Fakude, Staff Bellinam

Current Position with PSASA

Office Assistant

Brief Description of current activities

Help with switchboard, photocopying, faxes and providing the staff with coffee and tea

Year Starting with PSASA

August, 2000

History of activities with PSASA

Assisting with the stock room, packing uniforms and stationary for projects



Interests

Church, cooking and washing

Other (Married, Children, Family, etc)

I am single with no children

Gomo, Rosemary

Current Position with PSASA

Training Facilitator

Brief Description of current activities

Training of coordinators and volunteers in collaboration with FHI

Year Starting with PSASA

July 2004

History of activities with PSASA

Involved with PSA since 1997 doing formative assessments



Interests

Providing ARV & VCT with all volunteers being able to communicate effectively

Other (Married, Children, Family, etc)

Married with three children and one daughter in law (26, 21 and 10 are the ages of my children)

Name

Kubheka, Christopher, Vusi, Lucky

Current Position with PSASA

Reception, driver

Brief Description of current activities

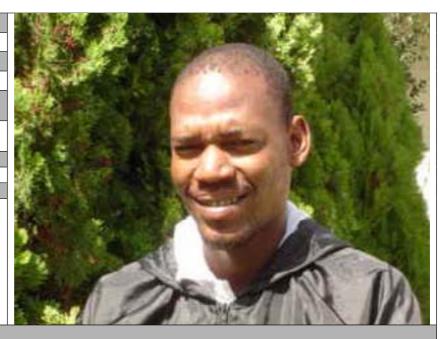
Assists with the reception, payouts, driving and store room.

Year Starting with PSASA

November, 2002

History of activities with PSASA

Started on probation and then worked as a driver and now at reception



Interests

Listening to music, being on the road traveling

Other (Married, Children, Family, etc)

Single with one child who I love spending time with.

Le Roux, Janet

Current Position with PSASA

Assistant

Brief Description of current activities

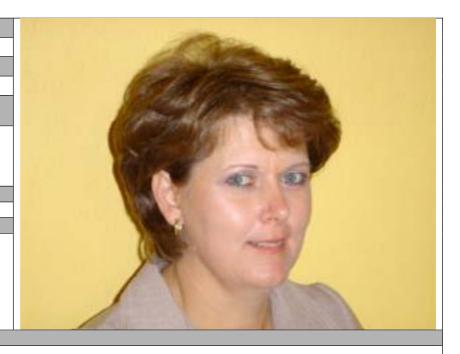
Emails, typing for the director, filing, follow up with project reports, stock control (medical supplies and stationery)

Year Starting with PSASA

June 2004

History of activities with PSASA

As above



Interests

Needle work, music, cooking

Other (Married, Children, Family, etc)

19 years married with 2 children (girl - 19 years, boy - 15 years), both sides of family stay in Bethal or Secunda

Name

Madikazi, Anitta

Current Position with PSASA

Power Belt Project Manager

Brief Description of current activities

Promoting abstinence, condoms and behavioural change, more recently income generating activities

Year Starting with PSASA

March 2002

History of activities with PSASA

As above



Interests

To see people changed through our projects and to see youth abstaining

Other (Married, Children, Family, etc)

One child, not married

Maseko, Johan M

Current Position with PSASA

Project manager

Brief Description of current activities

Managing youth school programmes, peer education and the activities in Mozambique

Year Starting with PSASA

1998

History of activities with PSASA

Started in 1998 as a peer educator coordinator, with the project being funded in 2000, then formally started with PSASA as a driver



Interests

Young people and seeing them living constructive lives

Other (Married, Children, Family, etc)

Single one child, staying with my beloved mother and my sister and her son and my sisters grandchild.

Name

Mashiane, Klaas Phios

Current Position with PSASA

Facilitator

Brief Description of current activities

Goelama Child Care in Thaba Chweu working with orphans

Year Starting with PSASA

1998

History of activities with PSASA

Started 1996 with peer education, worked with Horisons as an outreach activities and doing mapping and zoning for a number of the projects Started with peer education in Strydom Tunnel and mamokgale Maphiri



Interests

Traveling, soccer, TV and collecting donations for orphans

Other (Married, Children, Family, etc)

Married with three children 8, 5 & 2 years

Masilela, Zanele

Current Position with PSASA

Trainer

Brief Description of current activities

Visiting the projects, support volunteers, counseling

Year Starting with PSASA

January 2004

History of activities with PSASA

As above



Interests

Meeting with people everyday and sharing ideas

Other (Married, Children, Family, etc)

Married with no chidlren

Name

Masina, Constance Lindeni

Current Position with PSASA

Administrator

Brief Description of current activities

Data capture for projects, cheques, copies, fax, emails and telephoning Office oversight and assist with project payout

Year Starting with PSASA

2000 August

History of activities with PSASA

Started with doing the financial administration for Horizons Data base from 2001 to present 2003 capturing the registers



Interests

Meeting new people, love computers and doing further financial studies

Other (Married, Children, Family, etc)

Married with one child

Mthethwa, Boysen France

Current Position with PSASA

Programme Director

Brief Description of current activities

Directs the programmes and assists in PSASA's management including payouts to projects, training workshops for project coordinators.

Year Starting with PSASA

1997

History of activities with PSASA

Started with PSASA in 1997 with a trip to Zimbabwe after that started as a volunteer for Ermelo, Lothair, Warburton and Breyten peer education projects as a coordinator. Full time employed with PSASA in 2001 as the Peer Educator Manager and trainer.



Interests

Meeting with people and attending church

To sustain all our projects as long as we can and to see all HIV positive patients when needed receiving ARV's.

Other (Married, Children, Family, etc)

Married with three children (17, 16 & 13 years)

Name

Mthimmunye, Fikile, Elizabeth

Current Position with PSASA

Programme Director

Brief Description of current activities

Directs the programmes and assists in PSASA's management including payouts to projects, training workshops for project coordinators.

Year Starting with PSASA

1997

History of activities with PSASA

Began in 1997 as the project coordinator for Kriel and later 1998 as the peer educator trainer. On the 1st of December, 2000 began working with PSASA full time as the peer manager and trainer.



Church, gardening

Aim to see the projects strong and sustainable and to get ART for people who need it.

Other (Married, Children, Family, etc)

Married with three children – 19 year old twins and the last born who is 12 years.



Mtshiue, Thoko Gladys

Current Position with PSASA

HBC Project Manager

Brief Description of current activities

Training, monitoring and visits to projects and homes with the volunteers, assist with grant applications and birth certificates

Year Starting with PSASA

2000

History of activities with PSASA

I started as a volunteer visiting houses to identify the sick and orphan children, then becoming a coordinator of the group and now project manager



Interests

I like to sing in my church and teaching Sunday school

Other (Married, Children, Family, etc)

Widow with three married daughters and seven grand children

Name

Mujaho, Thandi

Current Position with PSASA

Facilitator - Work Place Peer Education

Brief Description of current activities

Facilitating and supporting SAPPI and Global Forest work place programme and community projects in Bamjee, Kanyamazani and Barberton. Activities also involve the Protec Youth Programme and Swaziland support (activities of SAPPI)

Year Starting with PSASA

February 2005

History of activities with PSASA

Assisted with PSASA activities part time from 1998 while working with PSG. These activities involved assisting and implementing prevention projects at community level and in the work place.



Interests

These include going to church and watching soccer. I enjoy working and mixing with different people and venturing into new fields of my job.

Other (Married, Children, Family, etc)

Married with five children.

Oosthuisen, Corrie

Current Position with PSASA

Director

Brief Description of current activities

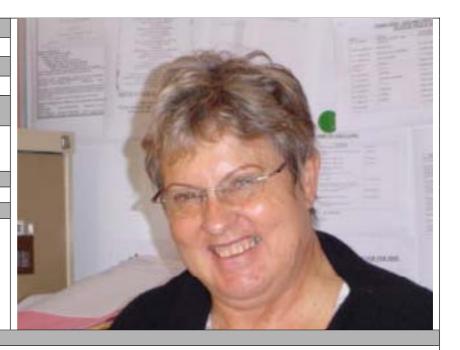
Run the organization, fund raising, meeting with donors, reports and project visits

Year Starting with PSASA

1996

History of activities with PSASA

Founder of PSASA starting with the first peer education project based at Kriel



Interests

Birds, two dogs and my work

Other (Married, Children, Family, etc)

3 children and 2 dogs

Name

Shongwe, Bongikile Busisiwe

Current Position with PSASA

Assist with Home Base Care training

Brief Description of current activities

Training on HBC, assist with reception, faxes and phones and monitoring HBC

Year Starting with PSASA

June 1999

History of activities with PSASA

Started as a receptionist, worked with youth programme and now working with home based care



Interests

Computer, music sports

Other (Married, Children, Family, etc)

Single

Sibiya, Felicitus Tholakele

Current Position with PSASA

Child care project manager and home care training

Brief Description of current activities

Training of project coordinators and volunteers, liaise with project facilitators

Year Starting with PSASA

2002

History of activities with PSASA

As above



Interests

Cooking watching TV and going to church

Other (Married, Children, Family, etc)

Married with four children and grandchildren

Name

Sibiya, Godfrey

Current Position with PSASA

Trainer - Youth Programme

Brief Description of current activities

Training and support on communication skills, counseling, stress reduction and income generation

Year Starting with PSASA

2004

History of activities with PSASA

As above



Interests

Working with different people and also with

Other (Married, Children, Family, etc)

Single

Van Zyl, Doreen

Current Position with PSASA

Financial Manager

Brief Description of current activities

Handling all financial issues for PSASA

Year Starting with PSASA

2000

History of activities with PSASA

Assist with proposals, auditing and report writing

Interests

Children and music



Other (Married, Children, Family, etc)

Married with two daughters

Name

Xulu, Nini Aurelia

Current Position with PSASA

Project Manager (KZN)

Brief Description of current activities

Training, monitoring, mentoring, evaluation, organizational management and fund raising

Year Starting with PSASA

2000

History of activities with PSASA

Training in Mpumalanga from 2000 to 2002 before becoming project manager for KZN



Interests

Computer literacy and computer management

Other (Married, Children, Family, etc)

Single, two children and three grandchildren

Appendix 2 – Partners

Partners

Over the years PSASA has partnered with a number of different organizations in the development of its programmes. These are described in the following table (Table XX)

| Name | Time | Description |
|--|-------------------|---|
| Primary Donor/s are the Dutch, NORAD and SIDA through Project Support Group (PSG) | 1996 – current | Prevention, mitigation, funding, technical support, workshops, weekly training, outreach activities, administration to the organization |
| ACTS | 1998 - current | Counseling and updated training to Home Based Care coordinators on ARV's and counseling |
| Centre for Positive Care (Limpopo) | 1998 - current | PSG partner – networking partner for South and Southern Africa |
| Family Health International (US) | 2004-current | Workshops on communications, sexual reproductive health, family planning and STI's. Training took place by training master trainers down up to care giver level in the homes of people. Is presently still doing training and a lot of technical assistance. Also did two workshops on stress management for coordinators. IFH works in partnership with organizations with which it shares common objectives. In particular, IFH works with organizations which have the potential to implement, and increase access to, integrated and comprehensive sexual and reproductive health programmes and services which meet the needs of IFH's priority beneficiaries in its focal regions. IFH also works in partnership with organizations that support the development and replication of innovative approaches as well as influencing sexual and reproductive health policy and practice[1]. |
| FIETA Mpumalanga and KZN | 2004 - current | Training of Protec students as well as workplace peer education by Jennifer Chilisa in KZN and Thandi Mujaho in MPU. This include Technical Colleges, Technicon, University of KZN and Zululand. |
| Horizons | 2000-2002 | Technical assistance and conducting evaluation studies on the effectiveness of the peer education initiatives in high transmission communities. |
| International Family Health (UK) | 2001 – 2002 | Funding received for the Barberton area on prevention programmes for mobile communities in high transmission areas surrounded the border of Swaziland and mining communities. Technical support. |
| Little Seeds | 2003-current | Training of OVC programme coordinators on managing, relating to children, child development and psychosocial support. |
| Masoyi Home Based Care | 1998 - current | PSG partner – networking partner for South and Southern Africa |

| Mondi | 2003-2004 | Training of workplace peer education and supporting and training surrounding communities to plantations. |
|---|----------------|---|
| Nelson Mandela Children's Fund | 2002-current | Support to orphan and vulnerable children along with youth development programmes. Technical support and M&E. |
| Power Belt | 1996 - current | Prevention in both community and workplace. Power Belt is a combination of mining companies, Eskom, Sasol and local municipalities and department of health. Prevention. |
| Provincial Department of Health – (KZN) | 2003-2004 | Technical support from Provincial department of Health to mitigation projects in the area between Melmoth and Eshowe |
| Provincial Department of Health – (Mpu) | 1996 - 2000 | Prevention & mitigation projects. Provided seed funding for Bethal, Ermelo and Middelburg peer education projects, facilities for training, field staff to initiate prevention projects and supplied seed funding for Masoyi Home Based Care. |
| Provincial Department of Population Development (Welfare) | 2003-2004 | Funding went directly to Mitigation projects in Mpumalanga. Funding was specifically allocated for food parcels to orphans and vulnerable homes. They also render technical support to volunteers. |
| SAPPI | 1996-current | Workplace peer education (prevention) doing training throughout South Africa. Fikile Mthimunye was responsible for this training. |
| Thembalethu Home Based Care | 1998 - current | PSG partner – networking partner for South and Southern Africa |

Appendix 3 - Publications / Conference Presentations / Posters

A number of publications, conference presentations (oral or poster) and other research has been undertaken using the community activities of PSASA.

Meeting

XIII International AIDS Conference

Name

Date July 10th to 14th, 2000 **Location** Durban, South Africa

Conference Description

An estimated 15 000 delegates were present comprising researchers, academics, People living with HIV AIDS, community representatives, politicians, developmental agencies and activities. The programme was divided into a number of tracks: Basic Science, Clinical Science, Epidemiology & Public Health and Social Science, Rights Politics, Commitment and Action. Within these tracks, 4969 abstracts were accepted for oral or poster presentations.

Type of Presentation Overview of Presentation Dr Elliot Marsielle presented this paper as first author with DR Billinghurst

as third author.

The female condom had been introduced to a number of the peer education projects of PSASA through out the province from 1998

onwards. It was well received by both the peer volunteers and individuals who were recipients of the programme. Targeting female condoms to this high-risk group would not only have a greater epidemiological impact but also be economically beneficial, given the higher cost and limited

availability of these products.

A modeling exercise was conducted in partnership with Dr Marsiele based on these projects and health care services within the public sector. The outcome of this modeling, which demonstrated the effectiveness of the female condom to sex workers in terms of HIV and other STI's averted, was presented during the conference.

Conference Abstract number: WePeE6677

[MoOrC131] Cost-effectiveness of the female condom in preventing HIV and STDs in commercial sex workers in Rural South Africa

E. Marseille1, J.G. Kahn2, K. Billinghurst3, J. Saba4

1Health Strategies International, 2 Madrone Place, Orinda, CA 94563, United States, 2University of California, San Francisco, San Francisco, CA, United States, 3Mpumalanga Department of Health,, Nelspruit, South Africa, 4Axios, Dublin, Ireland

Background: Though apparently as effective as male condoms (MCs), female condoms (FCs) are more expensive. Under what circumstances, if any, can this additional cost be justified? We assessed the cost-effectiveness of the FC in preventing HIV infection and other STDs among commercial sex workers (CSWs), and their clients in the Mpumulanga Province of South Africa.

Methods: Current MC use was compared with expected condom use (MC + FC) in a one-year program of FC provision to 1,000 CSWs with an average of 25 clients per year. A simulation model calculated health and public sector cost outcomes assuming five years of HIV infectivity, one month of syphilis and gonorrhea infectivity, and FC use in 12% of episodes of vaginal intercourse. Recurring infections and interactions between STDs and HIV were modeled. The simulation was extended to non-CSWs with as few as ten casual partners per year. We conducted multiple sensitivity analyses.

Results: The intervention is estimated to avert 5.9 HIV, 38 syphilis, and 33 gonorrhea cases while saving the public sector health payer \$9,116. Univariate sensitivity analyses indicate that the finding of cost savings or cost-effectiveness is robust across a wide range of values for key inputs. The program generates net savings of \$2,216 if per-episode FC efficacy is only 80% rather than the 95% base case estimate; savings of \$5,365 if HIV prevalence in CSWs is 25% rather than 50%; and savings of \$8,930 if each CSW has an average of 10 clients per year rather than 25. If only 25% of episodes of FC use result in supplemental protection rather than 75% as assumed in the base case. the program would save \$645 while averting 2.0 cases of HIV. A program focusing on non-CSWs with only ten casual partners would save \$6,484.

Conclusion: A well-designed female condom program oriented to CSWs and other women with casual partners is likely to be highly cost-effective and can save public sector health funds in rural South Africa.

Presenting author: E. Marseille, Health Strategies International, 2 Madrone Place, Orinda, CA 94563, United States, Tel.: +1 925 254 5379, Fax: +1 800 683 3442, E-mail: emarseille@home.com

Meeting 2001 A Science Odyssey

Name Capricornia Medical Science Association and Australasian College of

Tropical Medicine

8th to 11th of June 2001 Date

Rvdges Capricorn International Resort, Yeppoon, Central Queensland, Location

Australia

Conference **Description** Approximately 200 delegates attended this conference with most participants working in Australia, Pacific and South Asia as researchers, public health personnel and health providers interested in laboratory and tropical medicine. Most were members of the Medical Science Association and Australasian College of Tropical Medicine with a number of participants other similar organizations in the Pacific and South East Asia. The conference was held over three and a half days which included oral presentations, posters presentations and workshops.

Type of **Presentation** Overview of **Presentation**

The oral presentation consisted of the following –

- Context of HIV AIDS in South Africa and the need for alternate care
- Types of care models and the need for home care
- Description of the context of the Masoyi & (PSASA) Home Based Care Projects
- Key components in the development of the project
- Output and costing data
- Implications in the local and wider context of southern Africa

Verbal presentation of 15 minutes with 5 minutes for questions.

Meeting Name

13th International Conference on AIDS & STD's in Africa (ICASA)

21 to 25th of September, 2003 Date

Location Nairobi, Kenya

Conference The ICASA conference theme was "Accelerating Action Against AIDS in

Description Africa".

Type of Skills building workshop

Presentation Overview of Presentation

A number of Skills Building Workshops had been arranged for each day of the conference. We proposed a workshop using and sharing the experiences gained in home care. The title was "Expanding Home Care" using work from the Project Support Group (PSG) where I work as the Home Based Care Training Officer. Mr. George Snayman programme manager from the Masoyi Home Based Care Project and recipient of PSG project funding, attended and assisted with facilitation. The conference organizers had planned for 20 participants and we intended to use interactive discussions, work exercises and short presentations for the 60 minutes allocated to us.

Key topics in the workshop were to include –

- Programme administration
- Forming partnerships finding anchor partners
- Accessing resources and recruiting funds
- Technical support at community level
- Programmatic monitoring and evaluation

Title: "Starting Slow - Building Big" Keys in scaling up community HIV AIDS projects.

Issues:

Scaling up effective HIV AIDS programmes is both a priority and challenge within South Africa.

Description:

The Project Support Group [PSG] is a Southern African Regional Organization focusing on community based HIV / AIDS prevention and mitigation projects. Involvement in South Africa commenced in mid 1996 with one peer education project targeting disadvantaged women. Since then, a total of 38 prevention projects have been established. In 2002 a total of 1158 peer educators were involved who conducted 167 376 outreach meetings, reaching 2518826 individuals and disbursing 6686454 condoms.

With the progression of the HIV epidemic in South Africa home care or mitigation projects were prioritized in 1999. These now comprise 60% of community projects. PSG in 2002 supported 6926 community care volunteers who provided care for 37658 clients with a total of 596485 visits.

Lessons Learnt:

PSG has developed from zero involvement to supporting over 8000 community participants in prevention and home care projects over the last seven years. Keys in scaling up include having an effective flexible model, strategic anchor partnerships, access of resources, technical support at community level and an effective ongoing programmatic monitoring and evaluation. Effective management of human resources through appointment of motivated staff, hands on training within effective projects and regular supportive training to maintain motivation have been essential.

Recommendations:

Effective programmes can be scaled up rapidly and successfully as demonstrated through PSG's involvement in South Africa. Strategic partnerships and flexibility have been essential with the building of capacity at community level. As significant HIV resources flow into Africa for HIV, the role of organizations supporting community initiatives with technical expertise and motivation should increase and assist in scaling up effective HIV programmes.

Meeting Name

XV International AIDS Conference

Date 11th to 16th of July 2004 **Location** Bangkok, Thailand

Conference The XV International AIDS Conference comprised of 20 000 delegates and followed a similar format as previously described presented. The

theme was "Impact for All" and included tracks of Basic Science, Clinical Science / Treatment & Care, Epidemiology & Prevention, Policy and

Program Implementation.

Type of Presentation Overview of

Presentation

Poster Presentation - three abstracts were submitted and accepted. I

was first author on two of these.

The first abstract (Scaling up within the tempest of political change) describes how an NGO could expand in the context government

constraints. The second abstract describes the transition of Project Support Group in support prevention programmes exclusively to supporting both prevention and mitigation projects and then to the

integration of such projects.

Integrating HIV prevention and care: a challenge for the third millenium

M C Robotin¹, C J Oosthuizen², K E Billinghurst¹, N Dube¹, R Muyambo¹, D Wilson¹

¹Project Support Group, Bethal, South Africa; ²Mpumalanga Program Support Association, Bethal, South Africa

Issues: The Project Support Group (PSG) is a non-government organization, supporting community-based AIDS prevention and mitigation programs in peri-urban and rural settlements in nine Southern African countries. While originally focusing exclusively on HIV prevention activities, the magnitude of the epidemic, coupled with the lack of available services at community level, led to an increased involvement of PSG in providing community care and support for people with HIV-AIDS.

Description: During the last decade, the balance between prevention and care programs has radically altered and currently 60% of the 338 programs supported by PSG focus on HIV impact mitigation activities. This increasingly encompasses the care and mentoring of orphans or vulnerable children (OVCs) and assistance with income-generating activities. Recently in South Africa, (the site of 170 of PSG-supported programs), PSG and its partners have been focusing on integrating prevention and care programs in underserved or remote rural areas. We describe herein some of the salient operational aspects of this care and prevention model.

Lessons learned: Integrating prevention and care programs is an effective method of enhancing service delivery in rural and remote communities. Its benefits include raising community awareness of HIV-related issues and mobilizing communities to support OVCs, leading to a reduction in stigma and discrimination against people with HIV-AIDS and facilitating the implementation of new interventions such as community-based voluntary counseling and testing (VCT).

Recommendations: Developing tools for measuring the program's impact, determining its cost-effectiveness and exploring its potential role in developing community-based HIV treatment programs would better define its potential relevance for identifying new strategies for the improved management of HIV-AIDS at community level.

MedGenMed. 2004 Jul 11;6(3):WePeE6677 [eJIAS. 2004 Jul 11;1(1):WePeE6677]

Conference Abstract number: WePeE6875

Scaling up within the tempest of political change

K G Billinghurst, C Oosthuizen

Project Support Group, Nelspruit, South Africa

Issues: Elections and the resulting political change can produce many new challenges for HIV AIDS organizations. As personalities, priorities and interest adjust, effective functioning and delivery of HIV AIDS services may be compromised.

Description: The Mpumalanga Project Support Association was established in 1997 through the Provincial Health Department to assist in the rapid delivery of HIV AIDS initiatives at community. Becoming an NGO in its own right, it established 30 peer education projects targeting sex workers or disadvantaged women and eight home based care projects over its first two years. South Africa's second democratic elections resulted in changes to the Provincial Minister of Health and senior management of the Health Department. NGO's were alienated as partners and a confrontational environment pursued. Within this context the organization was able to expand to 42 peer education projects, 8 work place & 8 youth / school peer projects and 51 home based care projects using 1675 community members.

Lessons Learned: Effective monitoring systems and proven documentation of outcomes favored new civil society community partnerships. These strategic alliances established additional resources without compromise to core services. An acceleration of training and capacity building resulted in two projects becoming autonomous in their own right and expanding the quality, coverage and technical services through out the province. Committed motivated and supportive staff was an important factor promoting the scaling up process. Advocacy efforts within community resulted in both material and moral support to the projects, creating a demand for expansion locally and further a field.

Conclusion: NGO's need to plan and prepare for local, provincial and national political change, so as to ensure their on going functioning. An antagonistic political environment can create opportunity for expansion of HIV initiatives.

MedGenMed. 2004 Jul 11;6(3):WePeE6875 [eJIAS. 2004 Jul 11;1(1):WePeE6875]

Meeting South African 2nd HIV AIDS Conference

Name

Date 7th to 11th of June, 2005

Location Durban

Conference South African national HIV AIDS conference with approximately 5000

Description delegates mainly from South and Southern Africa.

Type of Verbal presentation of 15 minutes with 5 minutes for questions.

Presentation

Overview of PSASA was one of the six home based care programmes used by FHI **Presentation** for evaluating the effectiveness of the home based care programmes.

Exploring the role of family caregivers and home based care programs in meeting the needs of people living with HIV/AIDS: An assessment of 6 home based care programs in South Africa.

Authors: Catherine Searle,¹ Eka Williams,¹ Rick Homan,² Marc Aguirre,³ Sibongile Mafata,⁴ Farshied Meidany,⁵ Corrie Oosthuizen,⁶ Liz Towell,⁷ and Noeleen Trollip.⁸

¹ Horizons/Population Council, Johannesburg, ² FHI, North Carolina, ³ Hope Worldwide, Johannesburg, ⁴ Soweto Hospice, Johannesburg, ⁵ MCDI, Durban, ⁶ PSASA, Bethal, ⁷ Sinosizo, Durban, ⁸ Hope Worldwide, Port Elizabeth.

Background

The HIV/AIDS epidemic has meant that an increasing number of chronically ill people need assistance with care and support. Currently these services are available from both formal and informal caregivers. This study examines different formal home based care (HBC) organizations providing care and the role they play in meeting the needs of PLHA. The research also investigates the unmet needs of PLHA despite the receipt of formal home based care services.

Methods

Six home based care programs were selected for the study, two in KwaZulu Natal, two in Gauteng and one each in Mpumalanga and the Eastern Cape, representing programs in both rural areas and urban informal settlements. Household heads from 374 households currently receiving care and support services from the six programs were interviewed in June 2004. In addition, focus group discussions were conducted with beneficiaries and with caregivers from each of the 6 programs.

Results

Households receiving care were remarkably similar, with 5-6 people making up a household, one of whom was sick. Around two thirds of program clients were female. Over 50% of clients were 26-45 years old, while 15% of clients were under 26 years of age.

In terms of the needs of clients, the most common need identified was someone to provide emotional/spiritual support (counseling). This was followed by someone to assist with physical care (bathing eating, dressing, using the toilet) and nursing care (pain management, treating wounds, taking medication). Assistance with household chores such as cleaning, cooking, shopping, running errands or gardening and someone to provide information and education or skills training were cited by more than half the households.

Household caregivers were mainly family members (82%) and female (78%). 38% of caregivers were 46 years or older, 43% of caregivers are in the 26-45 year age while 18% were less than 26 years old. While household caregivers provided the majority of physical care and assistance with household chores, formal caregivers provided the bulk of counseling, nursing care, information, transportation, and legal aid. While the majority of households felt someone in the household could substitute for the outside caregiver, more than 10% of the clients would not receive the service if not for the formal caregivers. Unmet needs of PLHA included food, financial support and more frequent visits by caregivers.

Conclusions

This research documents the differences in types of care provided by informal and formal caregivers. Findings suggest that the formal caregivers serve more as a complement to the household caregivers than a substitute. Even where formal caregivers are providing HBC services, we still find on average that the household caregivers spend more time per week assisting the sick person than the formal caregivers. This information is useful for determining gaps that exist in the provision of services and for assisting organizations to offer services that are complementary to those provided by informal caregivers, in order to better meet the needs of PLHA and their families.

Programmatic implications of the findings from a cost study of 6 home based care programs in South Africa.

Authors: Catherine Searle, ¹ Eka Williams, ¹ Rick Homan, ² Marc Aguirre, ³ Sibongile Mafata, ⁴ Farshied Meidany, ⁵ Corrie Oosthuizen, ⁶ Liz Towell, ⁷ and Noeleen Trollip. ⁸

¹ Horizons/Population Council, Johannesburg, ² FHI, North Carolina, ³ Hope Worldwide, Johannesburg, ⁴ Soweto Hospice, Johannesburg, ⁵ MCDI, Durban, ⁶ PSASA, Bethal, ⁷ Sinosizo, Durban, ⁸ Hope Worldwide, Port Elizabeth.

Background

The HIV/AIDS epidemic has meant that an increasing number of chronically ill people need assistance with care and support. Programs providing home based care services are a key component of the response to HIV/AIDS. However, few programs are using evidenced based programming and cost studies to decide what services to provide and how to structure their services. This study collected cost data in an effort to provide key programmatic information to NGOs, governments and donors on the cost of HBC services, the best use of resources and on how well programs are able to meet the needs of their beneficiaries and their families.

Methodology

Six home based care programs proving formal services to clients were selected for the study, two in KwaZulu Natal, two in Gauteng and one each in Mpumalanga and the Eastern Cape, representing programs in both rural areas and urban informal settlements. A cost analysis approach involving a review of each program's financial records and service statistics was used to determine the scope of services offered and their cost.

Results

All of the formal home based care programs provided services at no cost to the client. In all cases, the programs were providing supplies to the households including nutritional supplements, basic hygiene supplies, simple medical supplies, to assistance with doctor fees and medicines. The annual value of these supplies, on a per client basis ranges from R9 to over R2300. The other costs within the formal HBC programs cover the support staff, supplies for the caregivers and the program, supervision, training, equipment, and infrastructure. Information on the total annual cost of the programs as well as indicators of the size of the program (number of clients, number of visits and number of caregivers) showed that there were large differences in the programs in terms of the scope as well as the intensity of the services being provided. Researchers also determined the fraction of total costs that were of direct benefit to clients and the cost per visit made for each program.

Conclusions

Data collection indicated that there was a need to strengthen and standardize record keeping within programs. There was also a need for determining the optimum client load for volunteers and program staff. In some cases there were opportunities to restructure how resources were allocated to better reflect the program's goals. This analysis of the cost of services has provided important data for program planning and has widespread policy implications that will be discussed in the presentation. 361 words

Successful HIV AIDS Programme - Mpumalanga, South Africa

• Date: Wed, 5 Apr 2000 23:18:41 -0400 (EDT)

Successful HIV AIDS Programme - Mpumalanga, South Africa

PRESS RELEASE 3rd April, 2000

Successful HIV AIDS Programme

The Mpumalanga Project Support Association [MPSA] is a government partner Non Profit Organisation [NPO] established for supporting community-based projects in the area of HIV AIDS. Established in early 1998 with government and non-government participants, it has taken strategies from effectively working HIV projects of Zimbabwe and applied them successfully within the province. Currently MPSA is supervising 50 community projects through out Mpumalanga Province in the area of prevention and mitigation.

Prevention projects target disadvantaged communities in historically neglected areas focusing on vulnerable groups for effective HIV prevention and behaviour change. Peer Education Projects are successfully running at 40 sites using over 600 community volunteers. An estimated 20% of the population within the Province have been reached on a regular basis during 1999. A total of 1.1 million people directly attended a peer education activity in over 47 000 outreach meetings during the year. A hallmark of the projects has been the clear messages on HIV prevention, STD awareness, empowering of women and distribution of male condoms. Over 6 million condoms [or one third of the provincial total of male condoms] were distributed through the peer education projects. The lead project in the Kriel area has clearly demonstrated that people do make appropriate behavioural changes when they are aware of

their HIV risk. These include -

- * a 38% reduction in STD's over a two year period in which the project has been running
- * 32 000 STD's have been estimated to have been averted across the whole province
- * 97% condom usage during paid sexual acts had been achieved among males
- * increasing demand for condoms
- * condom usage during non commercial sexual acts had also increased

Further expansion of peer education projects is envisaged for 2000 targeting other high risk groups of people such as the youth, school aged children and workers in industry.

Twelve home based care projects have already been established within Mpumalanga, with an additional eight projects about to be launched and support being provided to eight projects outside the Province, including Northern Province and Swaziland. A total of 20 000 home visits were conducted serving over 3000 clients within the province during 1999. These projects are in the early phase of integrating orphan is sues as part of their routine work.

Both the prevention and mitigation projects recruit volunteers from the community for the respective projects. Integrated community committees manage the day to day running of the projects. MPSA provides the financial and technical expertise for both the projects and management committees.

MPSA is truly an example of the call by president Mbeki in 1998 for effective partnerships in the fight against HIV and AIDS. Mpumalanga clearly has a strategy that is working.

From this Departmental Press release the following comment was in the Sunday Times ((9th of April, 2000).

Project is the right medicine¹⁵

A STRICT "no glove, no love" policy has cut the spread of sexually transmitted diseases in one Mpumalanga health district by 38% in just two years, reports SIZWE SAMAYENDE.

The peer education project in Kriel, where volunteers were trained by the health department to teach people about STDs and HIV-AIDS, has proved so effective that the department plans projects for all Mpumalanga's health districts.

The Mpumalanga Project Support Association is helping and more than 600 volunteers are working in high-risk areas.

A departmental spokesman said: "We have realised that giving information alone does not make people change their behaviour but when people in the same environment talk repeatedly about the same subject there's a change."

The department estimates 32 000 STD infections have been averted as a result of the project. - African Eye News Service

Appendix 4 - Awards

The following is an extract taken from

African Heritage Foundation HIV/AIDS Awards 2003¹⁶

03 December 2003

The AIDS Awards Programme was instituted by the African Heritage Foundation to recognise contributions made by individuals and organisations in the fight against HIV and AIDS.

The African Heritage Foundation Trust (AHF) presented the 2nd annual HIV/AIDS awards 2003 on 03 December 2003 at a gala dinner at the Sandton Convention Centre.

1300 NGO's throughout South Africa was nominated for the awards and 45 candidates short-listed. The AHF Chairman, Mr Langa Dhlomo presented the awards and Prof Ruben Sher made a touching speech about our social responsibility towards fighting the HIV/AIDS epidemic.

LearnScapes was honoured with the Chairman's award. This award recognizes the significant contribution **LearnScapes** have made in countering the effects of HIV/AIDS in the community and workplace.

WINNERS FOR THE 2003 HIV/AIDS AWARDS

a) Overall Winners

- 1. Project Support Association Southern Africa (PSA)
- 2. Centre for the Study of Aids, University of South Africa (CSA)
- 3. Lonmin Platinum

b) Recognition Awards

- 1. SANLAM
- 2. National Ports Authority (NPA)
- 3. UNILEVER
- 4. Margaret Sanger Centre
- 5. Department of Correctional Services
- 6. Morning Star Children's Home
- 7. SAFCOL
- 8. LIFELINE East London
- 9. ACFS Community Education
- 10. Hospice East Rand
- 11. Department of Environmental Affairs & Tourism
- 12. Helen Joseph Hospital HIV & AIDS Unit
- 13. Department of Agriculture, North West Province

c) Chairperson's Awards

- 1. National Ports Authority (NPA)
- 2. Treatment Action Campaign (TAC)
- 3. LearnScapes

d) Acknowledgement of Efforts

- 1. Boitelo Youth Network
- 2. Mokwallo Home-Based Care (Relebohile Clinic)
- 3. Department of Trade & Industry
- 4. Entokozweni HIV & AIDS
- 5. Makomba-Ndlela Youth Project
- 6. National Department of Agriculture
- 7. Far East Rand Hospital
- 8. Leratong Hospital
- 9. Department of Housing & Land Administration, Mpumalanga
- 10. Nomotsha HIV & AIDS Project
- 11. SANCA Central Rand
- 12. Tshepong AIDS Project
- 13. Vukani Youth Club
- 14. Aplitec (NET1 Applied Technology Holdings)
- 15. CINDI (Children in Distress) Network

Appendix 5 – Prevention – Peer Education

Peer Education – July – December, 2004

| Project Name: | Site | Number Enrolled | Number Trained | Number Active | Number PE Trained | Outreach Meetings | Men Reached | Females Reached | Male Condom Points | Male Condoms Free |
|----------------------------|--------------------|-----------------|----------------|---------------|-------------------|-------------------|---------------|-----------------|--------------------|-------------------------|
| Asiphileni | Kanyamazane | 122 | 122 | 122 | 408 | 1231 | 8148 | 5703 | 22722 | 11437 |
| Bank | Bank Mine | 71 | 69 | 71 | 110 | 208 | 2395 | 1381 | 120 | 54200 |
| Bhamjee | Ngodwana | 100 | 98 | 89 | 213 | 451 | 5003 | 3325 | 0 | 75950 |
| Blackhill | Blackhill | 153 | 153 | 153 | 396 | 435 | 2560 | 2337 | 78 | 25956 |
| Consmurch | Murchison | 24 | 24 | 24 | 64 | 23 | 305 | 54 | 0 | 2450 |
| Cwayisizwe | Nhlazatshe | 117 | 117 | 111 | 184 | 849 | 7276 | 6978 | 29455 | 10160 |
| Dilokong | Gamaroga | 52 | 52 | 52 | 193 | 398 | 701 | 507 | 17500 | 10950 |
| Dunusa | Dunusa | 144 | 144 | 141 | 384 | 630 | 3198 | 4467 | 55 | 10232 |
| Emgwenya | Waterval boven | 53 | 35 | 47 | 147 | 318 | 10000 | 8400 | 500 | 4700 |
| Emthonjeni | Machadodorp | 46 | 45 | 46 | 128 | 331 | 1658 | 1981 | 20 | 10170 |
| Emzinoni | Bethal | 66 | 63 | 63 | 158 | 878 | 17090 | 14000 | 44558 | 87204 |
| Ermelo | Wesselton | 123 | 120 | 123 | 192 | 1067 | 7738 | 11222 | 136548 | 132989 |
| Evander | Evander | 75 | 75 | 63 | 200 | 328 | 2841 | 1413 | 21380 | 85692 |
| Goedehoop | Goedehoop | 86 | 86 | 70 | 251 | 200 | 10895 | 8082 | 60 | 43876 |
| Hlanganani | Standerton | 93 | 93 | 87 | 234 | 1236 | 10816 | 12373 | 25000 | 62812 |
| Hlanganani | White river | 118 | 118 | 117 | 216 | 2574 | 10681 | 7730 | 372 | 28983 |
| Inhogoia | Mozambique | 80 | 80 | 80 | 239 265 | 2395 | 3210 7994 | 2660 8647 | 20000 436 | 27000 |
| Kleinkoppie | Kleinkoppie | 230 | 91 | 87 | | 933 | | | | 43288 |
| Kriel | Kriel | 103 | 103 | 103 | 234 | 1395 | 13475 | 9239 | 15146 | 49735 |
| Kwazanele Lesedi | Breyten Balfour | 48 79 | 66 79 | 72 79 | 235 250 | 1464 | 22548 5422 | 27363 7922 | 32103 243 | 34003 |
| Light of the nation | Barberton | 79 186 | 186 | 176 | 574 | 1231 2033 | 25174 | 24206 | 11060 | 18251 135001 |
| Lothair | Lothair | 60 | 60 | 59 | 200 | 733 | 7306 | 7409 | 10474 | 36355 |
| Lusito lwethu | Shongwe | 153 | 180 | 146 | 139 | 63 | 1243 | 1770 | 12405 | 14512 |
| Mamokgale maphiri | Ohrigstad | 64 | 64 | 64 | 192 | 679 | 3593 | 3070 | 0 | 7294 |
| Mapochs | Rossenekaal | 27 | 27 | 27 | 69 | 182 | 3773 | 2558 | 38 | 26270 |
| Mashishing | Lydenburg | 90 | 90 | 88 | 271 | 883 | 4959 | 4945 | 46367 | 26113 |
| Masiyephamb ilingempilo | Rustplaas | 114 | 114 | 103 | 311 | 692 | 5860 | 6199 | 0 | 16432 |
| Masizakhe | New denmark | 84 | 84 | 83 | 284 | 647 | 10120 | 6444 | 51 | 95883 |
| Mhluzi | Mhluzi | 62 | 62 | 58 | 239 | 151 | 1125 | 1550 | 147 | 51140 |
| Mzinoni | Bethal Landou | 29 | 29 | 27 | 50 | 163 | 2959 | 2869 | 72 | 3996 |
| Navigation | navigation | 97 | 97 | 95 | 225 | 301 | 1768 | 1728 | 95 | 16865 |
| Phakamani | Leandra | 84 | 84 | 84 | 239 | 1548 | 8129 | 12105 | 168 | 53517 |
| Phola | Ogies | 120 | 120 | 114 | 296 | 344 | 3449 | 2093 | 194 | 37151 |
| Qaphelani | Embalenhle | 232 | 232 | 228 | 509 | 3099 | 16644 | 27835 | 11756 | 45476 |
| Qondisa Resano | Witbank | 90 | 82 | 82 | 268 | 1240 | 4471 | 2145 | 280 | 18922 |
| Garcia | Mozambique | 126 | 126 | 124 | 208 | 3038 | 11260 | 8010 | 47000 | 56950 |

| Rietspruit | Rietspruit | 72 | 72 | 72 | 234 | 1416 | 8482 | 9525 | 17585 | 65250 |
|-------------------------|----------------------|------|------|------|-------|-------|--------|--------|--------|--------|
| Silestimpilo | Matsulu | 25 | 23 | 23 | | 160 | 1341 | 1436 | 2760 | 3085 |
| Siletsimpilo | Matsulu | 75 | 73 | 69 | 242 | 843 | 8829 | 8819 | 17585 | 14385 |
| Silwanayo | Pietretief | 74 | 120 | 93 | 314 | 1075 | 22131 | 27499 | 34060 | 13676 |
| Simunye Against Aids | Mpuluzi | 168 | 168 | 164 | | 768 | 6534 | 15468 | 41359 | 20213 |
| Sinethemba | Ext 14 Embalenhle | 89 | 83 | 94 | 292 | 1310 | 5894 | 11113 | 2440 | 17198 |
| Siyathuthuka | Belfast | 53 | 53 | 53 | 128 | 502 | 2419 | 3115 | 40 | 6800 |
| Siyavikela | Witbank | 50 | 45 | 46 | 107 | 190 | 577 | 633 | 32 | 6194 |
| Sizanani | Hendrina | 108 | 114 | 108 | 312 | 322 | 1538 | 1238 | 11000 | 10388 |
| Sizonqoba | Fernie | 70 | 70 | 28 | 83 | 79 | 518 | 1294 | 10092 | 2584 |
| Sonqoba | Tonga | 136 | 136 | 133 | 434 | 2344 | 5150 | 5950 | 29000 | 40000 |
| Strydom Tunnel | Ohrigstad | 72 | 64 | 61 | 178 | 580 | 1705 | 2250 | 8558 | 13732 |
| Thibela | Burgersfort | 76 | 14 | 72 | 216 | 350 | 14376 | 16393 | 10600 | 5037 |
| Vuselela | Kwambo | 54 | 36 | 37 | 40 | 67 | 1753 | 1893 | 6 | 2721 |
| Warberton | Nganga | 9 | 9 | 9 | | 86 | 522 | 752 | 500 | 6239 |
| Warburton | Nganga | 48 | 48 | 48 | 188 | 581 | 2882 | 3240 | 600 | 17371 |
| TOTAL | | 4780 | 4598 | 4468 | 11543 | 45044 | 350438 | 371338 | 692620 | 171678 |
| | | | | | | | | | | |

Appendix 6 – Prevention Tools

PROCESS INDICATOR FORM FOR PREVENTION

| Project Nam | е | Si | ite Nar | ne | Mont | h & Year | С | oord | inato | r's Name | | Signature |
|---------------------------------|--|-----------|----------|---------------------------------------|---------|-----------|--------|---------------------------------|---------------------------------|---------------------|------|-----------|
| | | | | | | | | | | | | |
| | | | | | VOLUI | NTEERS | | | | | | |
| Number of | PE Enr | olled | | Nu | | PE Traine | d | | | Number of PE Active | | |
| | | | | | | | | | | | | |
| Date of PE Train | | | • | | Topi | cs | | · | Number of PE Hours | | | |
| (Weekly Meeting | js) | | | | | | | | Trained | | | Training |
| | | | | | | | | | | | | |
| | | | | | | | | | | | | |
| | | | | | | | | | | | | |
| | | | | | | | | | | | | |
| | | | | Adult (| One-on | One discu | ıssion | | | | | |
| Date | | | | | opics | | | | ales | Fema | le | Totals |
| | | | | | | | | | | | | |
| | | | | | | | | | | | | |
| | | | | | | | | | | | | |
| | | | | \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ | | <u> </u> | | | | | | |
| Dete | | | | | | -One disc | ussio | | | Cinto | | Totala |
| Date | | | | <u> </u> | opics | | | Boys | S | Girls | | Totals |
| | | | | | | | | | | | | |
| | | | | | | | | | | | | |
| | | | | | | | | | | | | |
| Outreach Meetin | | Men Rea | ached | | | W | omar | reached | | | | |
| | | | | | | | | | | | | |
| | | | | | | DOMS | | | | | | |
| Male condom po | ints (ou | tlets) | | Male condoms sold | | | | | ale co | ndoms dist | ibut | ed free |
| | | '4I - 4 - | - \ | Famala candona cold | | | | Female condoms distributed free | | | | |
| Female condom | points (| outiets | .S) | Female condoms sold | | | | | remaie condoms distributed free | | | |
| | | | | <u> </u> | CHOOL | S VISITE | ` | | | | | |
| Name of schools | | Bo | oys atte | | | tended | Topic | : disci | ussec | 1 | | Response |
| Traine of concord | <u>, </u> | | oyo att | onaoa | On to a | itoriaoa | ТОРІС | , aloo | 40000 | 4 | | тоороноо |
| | | | | | | | | | | | | |
| | | | | | | | | | | | | |
| | | | | | | FERRED | | | | | | |
| | centers | | | | | nment cen | | | • | Social | | |
| Attended | Attend | | | Attended | | Attended | | | Atten | | | ended |
| Positive | Negati | ve | F | ositive | | negative | | | positi | ve | neg | ative |
| | | | | | 6. | ∐ Tľs | | | | | | |
| 1.Public STI care | e facilitie | 25 | | Male STI | | | | Fe | male | STI cases | Trea | ted |
| 1.Public STI care facilities | | | | | | | | | | | | |
| 2.Workplace STI care facilities | | | | Male STI | cases t | reated | | Fe | emale | STI cases | Trea | ted |
| , | | | | | | | | | | | | |
| 3.Private STI care facilities | | | | Male STI | cases t | reated | • | Fe | emale | STI cases | Trea | ted |
| | | | | | | | | | | | | |
| 1. Public facility | RPR tes | st | | Workplace facility RPR test | | | | Private facility RPR test | | | | |
| Negative | | | | Nogeth (- | | | | NI- | | ·• | | |
| Negative - | | | | Negative Positive | | | | Negative - Positive + | | | | |
| Positive + | | | | OSILIVE . | • | | | | JOILIVE | , • | | |

Example of Youth Programme Reporting

Type of project: Adolescent prevention support and delivery services

Name of project: Isibane Sezwe Youth Peers

Name of coordinator: Ephraime Nhlanhla

Project area/location: eMzinoni

Brief description of project area/location:

The area of eMzinoni is full of young people who are unemployed. Because of that situation they are involving themselves in drugs especially the boys from ages 19-25years. The youth (girls) is also engaging themselves in sexual activities, which leads to abortion, teenage pregnancy, drugs and alcohol. We are now facing the problem of lots of abortion, which is killing them as they are doing it illegally. The death toll is increasing daily but with the help of the existing youth club, there is a difference, which they make.

| ACTIVITY | 2001 | 2002 |
|---|------|------|
| Number of adolescent prevention delivery services volunteers | 16 | 16 |
| Number of adolescent prevention community meetings | 132 | 171 |
| Number of boys reached by prevention services | 1396 | 6675 |
| Number of girls reached by prevention services | 1782 | 7332 |
| Number of condoms distributed to the community to avert | 1281 | 5027 |
| STDs/HIV/AIDS | | |
| Number of adolescent referrals to clinics for treatment of diseases | 18 | 89 |

Appendix 7 – Mitigation - Home Based Care

Home Based Care Statistics: July to December 2004 – Example of some of the routinely collected programme monitoring data

| Project Name: | Site Name: | Number HBC Trained | Number Male Trained | Number Female Trained | Number Boys Trained | Number Girls Trained | Men Receiving Home Care | Woman Receiving Home Care | Existing Clients | New Clients | Clients Lost | Total Clients |
|----------------|---------------|--------------------|---------------------|-----------------------|------------------------|-------------------------|----------------------------|------------------------------|------------------|-------------|--------------|---------------|
| Bambanani | Zaaiplaas | 612 | 130 | 222 | 155 | 261 | 29 | 38 | 78 | 24 | 35 | 67 |
| Bophelong | Ekangala | 89 | | | | | 58 | 103 | 105 | 61 | 5 | 161 |
| Bophelong | Kwamhlanga | | | | | | 208 | 298 | 475 | 37 | 5 | 507 |
| Care with love | Embalenhle | 589 | 81 | 182 | 108 | 199 | 589 | 1400 | 1994 | 59 | 72 | 1981 |
| Coromandel | Lydenburg | 130 | | | | | 386 | 1033 | 1506 | 2 | 89 | 1419 |
| Dunusa | Dunusa | 96 | | 70 | 47 | 137 | 463 | 664 | 1044 | 148 | 3 | 1189 |
| Ekukhanyeni | Delmas | 284 | | | | | 1142 | 506 | 862 | 4 | 28 | 838 |
| Elukwatini | Elukwatini | 268 | 141 | 237 | 169 | 245 | 316 | 618 | 755 | 128 | 44 | 839 |
| Empilweni | Breyten | | 90 | 212 | 105 | 179 | 14 | 24 | 39 | 7 | 8 | 38 |
| Empilweni | Pietretief | 149 | | | | | 101 | 624 | 334 | 23 | 25 | 332 |
| Emthonjeni | Witbank | 118 | | | | | 38 | 76 | 115 | 17 | 18 | 114 |
| Entokozweni | Leandra | 581 | 94 | 151 | 50 | 136 | 577 | 593 | 1172 | 26 | 22 | 1176 |
| Gamanoke | Burgersfort | 108 | 1164 | 601 | 78 | 224 | 193 | 433 | 623 | 5 | 15 | 613 |
| Helping hands | Ermelo | 144 | | | | | 103 | 66 | 176 | 4 | 11 | 169 |
| Helpmekaar | Graskop | 292 | | | | | 141 | 125 | 260 | 7 | 0 | 266 |
| Норе | Kinross | 335 | 53 | 32 | 321 | 104 | 236 | 257 | 467 | 39 | 13 | 493 |
| Itereleng | Steelpoort | 198 | | | | | 591 | 1319 | 1871 | 78 | 43 | 1906 |
| Kathleho | Balfour | 108 | 19 | 83 | 16 | 12 | 94 | 83 | 171 | 11 | 5 | 177 |
| Kgautswane | Ohrigstad | 267 | | | | | 276 | 564 | 834 | 11 | 8 | 837 |
| Kromdraai | Kromdraai | 192 | 88 | 113 | 563 | 580 | 307 | 475 | 777 | 17 | 12 | 782 |
| Kungwini | Ekangala | 345 | 1219 | 1781 | 729 | 1629 | 656 | 929 | 1575 | 44 | 34 | 1585 |
| Kutlwano | Greylingstad | | | | | | 42 | 36 | 44 | 34 | 6 | 72 |
| Kwachibikhulu | Kwachibikhulu | | | | | | 45 | 97 | 141 | 25 | 25 | 141 |
| Kwadela | Davel | 158 | 38 | 42 | 63 | 52 | 52 | 216 | 278 | 3 | 8 | 273 |
| Leboeng | Ohrigstad | 408 | 66 | 258 | 150 | 200 | 848 | 2027 | 2897 | 16 | 38 | 2875 |
| Leroro | Leroro | 280 | | | | | 83 | 216 | 299 | 4 | 4 | 299 |
| Lethimpilo | Melmoth | 257 | 33 | 59 | 34 | 50 | 232 | 569 | 844 | 23 | 70 | 797 |
| Lethuthando | Mthonjaneni | 156 | | | | | 349 | 439 | 766 | 29 | 10 | 785 |
| Maope | Gariba | 44 | | | | | 31 | 37 | 945 | 3 | 0 | 948 |
| Masakhane | Monstorlus | 400 | | | | | 118 | 402 | 541 | 10 | 31 | 520 |
| Mashishing | Lydenburg | 552 | 169 | 227 | 192 | 225 | 1026 | 1677 | 2689 | 16 | 41 | 2623 |
| Masibonisane | Diepdale | 320 | 49 | 139 | 62 | 99 | 626 | 1377 | 1986 | 40 | 26 | 2000 |
| Masiyephambile | Rustplaas | 68 | | | | | 82 | 66 | 145 | 16 | 13 | 148 |
| Masiyephambili | Rustplaas | 109 | | | | | 236 | 258 | 481 | 39 | 26 | 494 |
| Matibidi A | Matibidi | 396 | | | | | 394 | 537 | 927 | 10 | 6 | 771 |
| Matibidi B | Matibidi | 560 | 140 | 380 | 370 | 738 | 465 | 578 | 1019 | 34 | 10 | 1043 |
| Mfule | Melmoth | | | | 29 | 24 | 221 | 246 | 469 | 7 | 6 | 470 |
| Mhluzi | Nkangala | 121 | 12 | 39 | 28 | 53 | 387 | 562 | 1291 | 35 | 226 | 1100 |

| | | 14631 | 6267 | 9467 | 6077 | 9774 | 22737 | 41704 | 63681 | 2612 | 2243 | 63807 |
|------------------|--------------|-------|------|------|------|------|-------|-------|-------|------|------|-------|
| Zigcine uphilile | Philadelphia | 58 | 130 | 151 | 235 | 332 | 143 | 291 | 489 | 169 | 114 | 544 |
| Vuma impilo | Witbank | 196 | 22 | 25 | | | 245 | 544 | 774 | 46 | 31 | 789 |
| Vezokuhle | Melmoth | 299 | 25 | 56 | | | 807 | 1878 | 2664 | 172 | 191 | 2645 |
| Tjakastad | Tjakastad | 185 | 89 | 151 | 95 | 40 | 308 | 324 | 622 | 48 | 38 | 632 |
| Tholimpilo | Standerton | 57 | 8 | 32 | 4 | 8 | 58 | 87 | 128 | 33 | 16 | 145 |
| Sonqoba | Breyten | 228 | 325 | 434 | 445 | 510 | 175 | 332 | 504 | 15 | 19 | 467 |
| Siyaqhubeka | Caroline | 236 | | | | | 155 | 181 | 336 | 49 | 32 | 353 |
| Siyanqoba | Greytown | 91 | | | | | 93 | 109 | 171 | 54 | 13 | 212 |
| Siyanakekela | Witbank | 197 | 146 | 250 | 143 | 252 | 370 | 675 | 1116 | 45 | 49 | 1112 |
| Sithembinkosi | Morgenzone | 44 | | | | | 167 | 355 | 523 | 5 | 4 | 524 |
| Sinobuhle | Melmoth | 246 | | | | | 588 | 978 | 1685 | 7 | 66 | 1626 |
| Silusizo | Dullstroom | 297 | 161 | 247 | 126 | 161 | 37 | 70 | 91 | 54 | 48 | 97 |
| Silindile | Lothair | 304 | 43 | 127 | 27 | 83 | 48 | 87 | 133 | 30 | 28 | 135 |
| Sakhisizwe | Hendrina | 225 | 46 | 118 | 93 | 163 | 183 | 393 | 529 | 65 | 33 | 553 |
| Sabie | Sabie | 381 | | | | | 1146 | 1612 | 2526 | 148 | 96 | 2578 |
| Pilgrimsrest | Pilgrimrest | 44 | | | | | 18 | 28 | 30 | 16 | 0 | 46 |
| Pilgrimrest | Pilgrimrest | 44 | | | | | 65 | 147 | 92 | 2 | 5 | 89 |
| Phiring | Ohrigstad | 330 | 103 | 207 | 174 | 228 | 901 | 911 | 1766 | 47 | 7 | 1806 |
| Philisa | Bethal | 667 | 43 | 78 | 54 | 67 | 1156 | 4807 | 5972 | 44 | 56 | 5960 |
| Pelolediatla | Driekop | 264 | 115 | 141 | 108 | 206 | 1026 | 2456 | 3567 | 2 | 87 | 3482 |
| Nyahato | Ekangala | 256 | 1365 | 2511 | 728 | 1628 | 523 | 800 | 1309 | 55 | 31 | 1333 |
| Nomakhaya | Phola | 124 | | | | | 410 | 595 | 825 | 197 | 17 | 1005 |
| Ndundulu | Melmoth | 92 | | | | | 155 | 240 | 481 | 2 | 88 | 395 |
| Ndabazensangu | Melmoth | 277 | 30 | 86 | 75 | 100 | 1220 | 2864 | 4075 | 88 | 79 | 4084 |
| Moremela | Moremela | 231 | | | | | 137 | 164 | 292 | 9 | 0 | 301 |
| Mmamethlake | Mmamethlake | 340 | | | 457 | 816 | 480 | 932 | 1358 | 88 | 44 | 1402 |
| Mlalazi | Eshowe | 184 | 30 | 25 | 44 | 33 | 368 | 276 | 628 | 26 | 10 | 644 |

Appendix 8 - Mitigation Tools

MITIGATION CARE AND SUPPORT MONTHLY REPORT

| GENERAL | | | | | | | | | |
|-------------------------|---------------------|------------------------|-----------------|----------------------------|-------------------|--------------------|--|--|--|
| PROJECT NAME: | | _ | MONTH AND YEAR: | | | | | | |
| SITE NAME: | | _ | NUMBER | Number of Volunteers: | | | | | |
| COORDINATOR: | | _ | NUMBER | R OF ZONE LEAD | RS: | | | | |
| VOLUNTEERS – TRAINING | 3 | | | | | | | | |
| WEEKLY DATES: | Topics: | | | | IUMBER RAINED: | Hours Trained: | | | |
| | | | | | | | | | |
| | | | | | | | | | |
| | | | | | | | | | |
| VOLUNTEERS - VISITS | | | | | | | | | |
| NUMBER OF VISITS: | MEN REAC | CHED: | | WOMAN REACHE | ED: | | | | |
| CLIENTS | | | | | | | | | |
| NEW CLIENTS THIS MONTH: | | CLIENTS | S TERMINA | LLY ILL: | | | | | |
| CLIENTS LOST THIS MONTH | : | CLIENTS | S CHRONIC | CALLY ILL: | | | | | |
| Number of Clients Refer | RRED TO - VCT: | | _ | | | | | | |
| | ARV: | | _ | | | | | | |
| | F.P: | | _ | | | | | | |
| | STI: | | _ | | | | | | |
| AMOUNT OF CLIENTS RECEI | VING ARV : | | CONDO | IS DISTRIBUTED: | | | | | |
| CARE GIVERS / FAMILY | MEMBERS / NEIGHBO | ours | | | | | | | |
| WEEKLY DATES: | TOPICS: | | | MEN RECEIVING TRAINING: | Woma Traini | N RECEIVING NG: | | | |
| | | | | | | | | | |
| | | | | | | | | | |
| | | | | | | | | | |
| Number of Care Givers / | FAMILY MEMBERS / NE | EIGHBOURS R EFE | ERRED TO | – VCT: | | | | | |
| | | | | ARV: | | | | | |
| | | | | F.P: | | | | | |
| | | | | STI: | | | | | |
| CONDOMS DISTRIBUTED: | | | | | | | | | |
| OTHER INFO | | | Follo | w-Ups | | | | | |

Project Support Association of Southern Africa

| VCT TESTED ON – MEN: | STI'S TREATED: |
|----------------------------|----------------|
| Woman: | |
| PLWA SUPPORT GROUPS - MEN: | FP METHODS: |
| Woman: | |

Child Care Monthly Report

| HBC Coordinator | CCS Name |
|------------------|------------|
| HBC PROJECT NAME | YEAR/MONTH |
| MUNICIPALITY | |

| ACTIVITIES DONE DU | JRING THIS MONTH | |
|-------------------------------------|--|--|
| | orphans benefiting at site this month? | |
| | ins moved away/deceased? | |
| - | ins at the end of the month? | |
| | es counseled? | |
| | JSEHOLDS WITH ORPHANS | |
| Tot no. adult | headed households? | |
| CHILD HEADED HOU | SEHOLDS WITH ORPHANS | |
| | headed households? | |
| VULNERABLE CHILD | | |
| Number of vu | Ilnerable children reported during this month? | |
| OTHER INFORMATIO | | |
| | n referral made? | |
| | n referrals followed up? | |
| | n referrals received? | |
| | n registered in school? | |
| | n not enrolled in school? | |
| | n missed more than 3 times in last 3 weeks of | |
| schooling? | | |
| | n regularly leaves early/arrives late at school? | |
| No. of childre with HIV/AIDS | n denied access to school due to associates S? | |
| Tot no. childre | en issued with school uniform? | |
| Tot no. childre | en issued with stationery? | |
| | en- do not have to pay school fees? | |
| GRANTS AND REGIS | | |
| | registration – applied? | |
| | en waiting birth registrations? | |
| | en -child support approved? | |
| | grants approved? | |
| | ents assisted with will preparation? | |
| HOME VISITS | | |
| Tot no. of visi | | |
| Hours spend | | |
| | mmunity meetings held? | |
| | ople reached? | |
| | le condom distributed? | |
| | nale condom distributed? | |
| Tot no. children | en – accessed VCT service? | |

Home Based Care Work Programme Form

| Ш | | | | | | | | | | | | | |
|--------------------------------------|--|--|--|--|--|--|--|--|--|--|--|--|--|
| SIGNATURE | | | | | | | | | | | | | |
| ACTIVITIES PERFORMED | | | | | | | | | | | | | |
| OTHER PROBLEMS | | | | | | | | | | | | | |
| NEEDS ASSESSMENT/ MEDICAL PROBLEM | | | | | | | | | | | | | |
| TIME SPENT | | | | | | | | | | | | | |
| DATE OF VISIT | | | | | | | | | | | | | |

Home Based Care Health Record File

| Date of visit: | Time spent: | Transp | ort to patient: Foot/Car | |
|----------------------|-----------------------------|---------------------|--------------------------|---|
| Patient Name: | | Age: | Sex: | _ |
| Marital Status: | Primary (| Caregiver for patie | nt: | |
| Physical Address w | here patient is staying: | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| NEEDS ASSESSME | <u>ENT:</u> | | | |
| Medical problems (e | eg High blood, diabetes, ra | ashes, etc): | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| Spiritual/Social/Men | tal problems (eg Unable t | o wash clothes/fet | ch water, etc): | |
| | | | | |
| | | | | |
| ACTIVITIES PERFO | DRMED: (please write onl | y what you did for | the patient) | |
| Nursing (e.g. wound | I dressing ect.) | | | |
| Health Education (e | .g. Nutrition, hygiene, etc |) | | |
| Practical Support (e | .g. Fetched water, cooked | d food etc.) | | |
| Spiritual Support/Co | ounselling: | | | |
| Who accompanied y | you on visit? | | | |
| Name of person comp | leting form: | | | |
| Signature: | Date: | | | |

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